

# THE KAPPA ALPHA THETA

MAGAZINE  
SUMMER 1996



Together Thetas

Sisterhood    ❁    Unity    ❁    Support



# Thetas Are Picture Perfect

**The Kappa Alpha Theta Magazine is pleased to announce our first photography contest! We are seeking photos that capture the spirit and sisterhood of Kappa Alpha Theta.**

First place winners' photos will be considered for the covers of future issues of The Magazine; second and third place winners' work will be featured inside future issues.

This competition is open to all members of Kappa Alpha Theta in good standing. All photographs in good taste, including photos from the Fraternity's past, are eligible.

#### **Requirements**

- Both color and black-and-white photos will be considered; we prefer photos taken with 35-mm film.
- You may enter the photo contest as many times as you like; photographs submitted will become the property of The Magazine and will not be returned.

- Entries should not be mounted, although they should be protected for mailing purposes.
- Please do not write on the backs of photos or use tape or paper clips to attach photos to your letter of submission.
- Entries must be postmarked by December 1, 1996.

#### **Judging**

Photos will be evaluated on the basis of composition, focus and sharpness, ability to convey action and emotion, and overall impact.

#### **Please send all entries to:**

Kappa Alpha Theta Fraternity Headquarters  
8740 Founders Rd., Indianapolis, IN 46268,  
attn: Editor.





# The Kappa Alpha Theta Magazine

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Mission statement: *The Kappa Alpha Theta Magazine* will serve as an enduring link between the International Fraternity and its members. *The Magazine* will educate, update, and entertain readers about the Fraternity and its college chapters and alumnae groups.

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Kappa Alpha Theta Fraternity, founded at Indiana Asbury College (DePauw University), Greencastle, Indiana, on January 27, 1870, is the first Greek-letter fraternity known among women.

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## OVER THE DESKTOP

# Reflections on Relationships

An older friend of mine died several months ago, and ever since then, I've been thinking about responsibilities and relationships.

In the months before my friend's death, I hadn't been to see her as often I should have. Her declining health had forced her to move to an apartment on the other side of town, and it was no longer easy for me to just drop in to say hello. I knew at the time, of course, that this was no excuse. But life moves quickly, and it was pretty easy to postpone visiting.

Now that Beth is dead, I don't feel guilty as much as I feel regretful. I regret the hours that I might have spent with her, and I realize that I cheated myself as well as let her down.

So I have been reminded—in a hard way—that relationships are bilateral. If you don't put very much into them, you don't get very much out of them. And I am trying to learn something from this experience and give a little bit more of myself to the people and organizations that are important to me.

*Well, I can sure see where this is going, you're probably thinking. She's going to say that we all have a responsibility to give something of ourselves to Theta.*

You're right. I am going to say that, but possibly in a different way than you expect.

Certainly each of us is in a unique situation, and not everyone is able to donate hundreds of hours to the Fraternity or hundreds of dollars to the Foundation. But there are many simple things we can do, many small obligations that we can fulfill, to help keep Theta and our relationships with it strong and healthy.

We can speak well of the Fraternity to other members, potential new members, and nonmembers. We can behave in ways that reflect well on the Fraternity and other Thetas. We can keep ourselves informed about happenings within Kappa Alpha Theta, and when we are presented with an opportunity to provide tangible help to the Fraternity, we can do our best to provide it.

Not long ago, I was talking with a Theta friend about all the changes in

rush since we were collegians. "Wow," she said. "I had no idea all that was going on."

It's our responsibility to know what's going on.

In a telephone conversation with another Theta, I happened to mention that her chapter really needed advisers. "I might not mind doing that," she responded. "But nobody has asked me."

It's our responsibility to not always wait to be asked.

A Theta author mentioned that she'd noticed several different bylines in past issues of *The Magazine*. Were we open to printing work by "outside" writers, she wondered. "Yes, yes, yes," I replied.

It's our responsibility to think creatively about ways our skills and expertise might be useful to the Fraternity.

When we are able to fulfill our obligations to Kappa Alpha Theta, we maintain our relationship with it, and we get back just as much as we give. When we cut ourselves off, we cheat ourselves as well as the Fraternity.

There's a lot going on in Kappa Alpha Theta right now, and a very easy way for you to keep informed about much of it is to read this issue of *The Magazine*.

We recently welcomed two new chapters—one collegian and one alumnae—to the Fraternity. Their installations are covered on pages 5 and 14.

Together Thetas, a new recruitment/extension campaign, is unveiled on page 15. By providing our college chapters with materials—from napkins to name tags—that have a consistent message and a professional look, we will be able to help them build strong member recruitment programs.

The work of the Structure Task Force, which was appointed by Grand Council, is discussed on page 18. The task force is soliciting input from members about how the Fraternity's current volunteer structure might be improved.

Because summer is traditionally a time for pleasure reading, we also offer a photographic tour of Headquarters, a collegian's final address to her college chapter, and all of our regular features.

Like the school year, *The Magazine's* year begins in August. Therefore, this summer issue is the last issue of the

1995-96 year. It's always tempting to look back on a year that's ending and try to draw some conclusions; when I do that, I realize that we have had some new experiences at *The Magazine* office in the last 12 months.

We were fortunate to have our first communications intern, who braved record-breaking winter weather and drove from Greencastle to Indianapolis for three months. She worked on a variety of projects, and her perspective as a collegian was a valuable asset.

We were also fortunate to work with our first Editorial Board. We greatly appreciated their insights and ideas, and we look forward to working with the 1996-97 Board.

Best wishes for a relaxing, carefree summer. We'll see you in the fall.

Loyally,

*Liz Appel Rinck*

Liz Appel Rinck, Editor  
Gamma/Butler

## 62 Years Ago

A flyer promoting the 1934 Grand Convention reveals that it, like the 1996 Convention, was held at the Grove Park Inn in Asheville, NC. It was the first time a Kappa Alpha Theta Convention had been held in the South.

The flyer advises that the Convention will be held from "...luncheon on June 28 until after breakfast on July 3. The Grove Park Inn has offered us the remarkable rate of \$6.50 a day, or \$32.50 for the time we are there. In addition, there will be a registration fee of around \$7.50, which will cover the cost of the daily *The Kite*, all social functions, and all tipping."

The flyer continues: "... there is no gayer, more stimulating, more generally soul-satisfying occasion in life than a Theta Convention."







Dennis Kratz, dean of undergraduate studies at UT Dallas, receives Zeta Upsilon's charter from Margie Baum, BE/Oregon State, vice-president development, and Celeste Kennedy, chapter president.



The Zeta Upsilon installation team. Back row: Marie Herrera, ΓΨ/Texas Christian; Karen Alter, Γ/Butler; Carole Brophy, AN/Montana; Frann Davis, ΓΨ/Texas Christian; Lil Smith, AH/Vanderbilt; Lesley Ross, AN/Montana. Front row: Zita Enloe, ΓΦ/Texas Tech; Marilyn Lynch, ΓΦ/Texas Tech; Paige Thompson, N/Hanover; Margie Baum, BE/Oregon State; Helen Woodward, AO/Oklahoma; Lissa Bradford, AH/Vanderbilt; Ansley Paulsen, ΓΔ/Georgia.

# Welcome, ZETA UPSILON

Kappa Alpha Theta's newest chapter, Zeta Upsilon, was installed on the campus of the University of Texas, Dallas, on March 9. Thirty new members were initiated by a 13-person installation team with assistance from the Beta Sigma Chapter at Southern Methodist and the Gamma Psi Chapter at Texas Christian.

***Congratulations to our brand-new chapter!***



The charter members of Zeta Upsilon gather for their first group portrait.

The Fraternity's newest members socialize at a reception before the Installation Banquet.



Rachel Wilkinson, charter member of the Zeta Upsilon Chapter, poses with Virginia Hindman Freeman, AO/Texas, former Foundation Trustee.

Photos courtesy of Jerry Wilkinson





## LETTERS

### PMS Redux

Although the article on PMS (Winter 1995-96) was informative, I wanted to call to the attention of the readers and the author that there is an error which needs to be addressed. On the list of sixteen causes of premenstrual syndrome, I take exception to the inclusion of mercury tooth fillings. Mercury is a liquid at room temperature and, therefore, could not possibly be used as a filling material. Perhaps the author was referring to silver amalgam fillings, which contain minute quantities of mercury.

A research paper has never been published in a clinical or scientific journal which has implicated dental amalgam as a potential cause of PMS. Statements such as these alarm patients and create undue fears in their minds. Dentistry has made great progress over the years to overcome serious image problems, and well-meaning articles with inaccurate commentary contribute to dentistry's return to the Dark Ages.

To really present a comprehensive overview of ways to decrease symptoms of PMS, you should state that the prevention and resolution of dental disease would contribute to wellness, thus decreasing the physical stresses that could potentiate the symptoms of PMS. Here's to your better dental health and the promotion of better education on dental health issues.

**CHRISTY HAMLIN, DDS**  
**BETA/INDIANA**

Thank you so much for your article on PMS. It came at exactly the right time for me and gave me the push I needed to ask for help with my problems. It will probably sound crazy to anyone who has never experienced PMS, but that article has already made a tremendous difference in my life.  
**NAME WITHHELD BY REQUEST**

### Sore Subject

I enjoy *The Magazine* and use it to interest my 15-year-old daughter and her friends. Your "special articles," such as the one on PMS, are interesting and informative, but don't get carried away.

May I suggest a sore subject? There are 35 nonactive college chapters (mine included). While we always note with fanfare the new chapters, could you at least note the closed? And maybe why?

We live in Maryland, and we visited

Chapel Hill, NC, where there used to be a chapter. What happened?

Bad or sad news doesn't have to be highlighted, but notice given is appreciated, even as obituaries are.

**BONNIE BROWER WHYTE**  
**GAMMA KAPPA/GEORGE WASHINGTON**

*Your point is a good one. Our "non-coverage" of chapter closings is more a matter of timeliness than an unwillingness to print sad news. While we prepare for a chapter's founding for months, we often don't know about a chapter's closing in time for publication.*

*The Fraternity sends letters to a closing chapter's active members' parents, to the chapter's alumnae, and to area alumnae groups. This is a faster, more effective way to communicate with our members who are directly affected by a closing than The Magazine is.*

*In regard to your question about our Delta Xi Chapter at North Carolina: Due to a decrease in membership, the chapter was unable to function, and the members voted to relinquish their charter in 1991.*

### Lost Sister

On page 33 of the Spring 1996 issue of *The Magazine* is a picture of Jenifer Lucas and Suzy Jolley. Suzy is my little sister, and we've lost touch!

Could you please send me her address? We're having a Theta reunion in September for Philadelphia/Penn State Thetas, and I would love to invite her. Thanks for your help.

**JENNIFER LONG**  
**BETA PHI/PENN STATE**

*We're pleased that we were able to help "reconnect" Jennifer and Suzy. Membership records on all Thetas are maintained at Headquarters; labels or printouts can be provided to help locate members for reunions and other activities.*

### Proud Mother

I am both hurt and dismayed. My problem is this: For the past four years, my daughter, Susan Meine, has had a nearly perfect academic record at Yale University. She has had one B+, the rest straight As in her career. She made Phi Beta Kappa her junior year—one of a very few—and she accomplished this while being Theta's rush chairman. Never once has her name been listed on

your Academic Achievers page.

Others in her chapter have been listed there. Has this been an oversight on the part of her chapter? Is it more than a straight-A average you expect? Why have others in her class been recognized? Please explain.

**FREDDIE MEINE**

*Academic achievement is very important to Kappa Alpha Theta, and we are sorry that your daughter's outstanding accomplishments haven't been recognized in The Kappa Alpha Theta Magazine. We publish the names of Thetas who were selected for membership in national honoraries (such as Phi Beta Kappa) during the previous academic year in the autumn issue of The Magazine. The names of Thetas who have achieved a straight-A average for at least one term in the previous academic year are published every year in the spring issue of The Magazine. Each college chapter is responsible for notifying us about their straight-A members as well as their members who have been inducted into honorary societies.*

Letters to *The Kappa Alpha Theta Magazine* may be edited for length. ■

### Corrections

◆ In the 1995 Donor Report (Spring 1996), the Phi deutron Chapter at Stanford was incorrectly listed as the Pi deutron Chapter.

◆ In the Spring 1996 Alumnae Report, Sally Holmes was identified as a former board member of the Indiana University Medical Center Hospital. She actually served on the board of the Indiana United Methodist Children's Home.

### Zeta Pi Chapter Closes

We regretfully announce that the Zeta Pi Chapter at Furman University has relinquished its charter, as surrendered by the chapter on March 24, 1996, and as accepted by Grand Council. The chapter officially closed on May 17, 1996.

Decreasing membership made it impossible to carry on chapter operations in spite of the valiant efforts of the active members, their advisers, and the Fraternity. For two years, Zeta Pi has contributed many fine members who continue to be a strength to our Fraternity. It is our earnest hope that at sometime in the future, Zeta Pi may be re-established at Furman University.





# Taking Steps to Manage Our "Risks"

Did you know that on many college campuses, the newest "party" trend is mixing the prescription drug Ritalin with alcohol?

Did you know that some Greek groups still tolerate hazing and sexually abusive behavior?

Did you know that membership in organized drinking clubs whose members are selected from Greek groups is highly prestigious on many campuses?

These are risk management issues. Currently, risk management is the number-one concern of the College Committee and the Fraternity. The future of Kappa Alpha Theta and all Greek groups is dependent on our ability to manage these issues.

Almost 50 percent of Theta's college chapters have been determined to be at risk for risk management violations; ten chapters are on probation for actual violations. In response, the Fraternity has taken several actions.

◆ Since 1990, Kappa Alpha Theta has been a member of the Fraternity Insurance Purchasing Group (FIPG). FIPG is a consortium of men's and women's fraternities and sororities that provides leadership in establishing and developing risk management policies and practices for member organizations and educates and supports undergraduates, alumni/ae, and Greek systems in risk management.

◆ Chapter consultants, advisers, and district and regional officers continue to emphasize the need to make behavioral changes in alcohol and drug use, hazing, sexual harassment, and safety. Risk Management Coordinators are chapter officers who work closely with the Advisory Board Chairmen to educate chapters on all Fraternity policies and ensure that all functions are planned within FIPG guidelines.

◆ A major focus of the Chapter Consultant program in 1996-97 will be risk management. The new name for the Chapter Consultants—Educational Leadership Consultants—is intended to illustrate this focus. Fraternity officers and staff members will make special

visits to chapters with risk management concerns next year.

◆ An increasing number of our college chapters are aware of potential problems and are requesting the *Talking About Alcohol* program, which provides guidance on making low-risk choices regarding alcohol consumption. In addition, each member of each chapter signs a statement affirming that she will adhere to the FIPG and Kappa Alpha Theta policies. The Fraternity also will require that each chapter schedule a special risk management presentation at least once each semester.

The Fraternity is encouraged that some chapters are following Kappa Alpha Theta risk management guidelines to the letter. We are particularly proud of the Epsilon Pi Chapter at Bucknell, the Beta Nu Chapter at

Florida State, and the Beta Iota Chapter at Colorado. Epsilon Pi received an award from the university for risk management programming. Members of the Beta Nu Chapter developed a medical emergency program and devised a medical information form. Along with other Greek groups on the University of Colorado, the Beta Iota Chapter agreed to help implement a multifaceted plan to halt underage drinking in Boulder, Colo.

Kappa Alpha Theta is asking alumnae to be aware and supportive of our commitment to risk management. As mothers, older sisters, advisers, and returning alumnae, we can do much to help our collegians understand the necessity of curbing excessive behavior, protecting sisters, and caring for the welfare of the Fraternity. ■

## Policy on Alcoholic Beverages and Controlled Substances

Kappa Alpha Theta expects each member to obey all applicable laws regarding the consumption of alcoholic beverages and controlled substances. Fraternity laws state that:

- College members shall not serve or consume alcoholic beverages in conjunction with activities sponsored by Kappa Alpha Theta and held at locations other than Kappa Alpha Theta facilities, except as such may be in conformity with applicable state and local laws as well as the rules and regulations of the college or university.

- No funds of a college chapter of Kappa Alpha Theta shall be used to purchase alcoholic beverages.

- No alcoholic beverages shall be stored, served, or consumed on Kappa Alpha Theta property, either owned, rented, or otherwise designated for regular use by members of the Fraternity.

- The possession, consumption, purchase, sale or other distribution of any narcotics, drugs or other controlled substances by members of Kappa Alpha Theta in violation of any law, ordinance, or university regulation shall be forbidden.

- Alumnae and other guests shall be prohibited from having any alcoholic beverages or controlled substances in their possession while in the chapter facility.

Furthermore, Kappa Alpha Theta subscribes to the following FIPG policies:

- No chapter may cosponsor an event with

an alcohol distributor, charitable organization, or tavern where alcohol is given away, sold, or otherwise provided to those present.

- No chapter may cosponsor or cofinance a function where alcohol is purchased by any of the host chapters, groups, or organizations.

- No chapter may sponsor or cosponsor open parties, meaning those with unrestricted access by nonmembers of the Fraternity, without specific invitation, where alcohol is present.

- No member shall permit, tolerate, encourage, or participate in "drinking games."

- No alcohol shall be present at any pledge/associate member/novice program or activity of the chapter.

- No chapter members, collectively or individually, shall purchase for, serve to, or sell alcoholic beverages to any minor (i.e. those under legal "drinking age").

- The possession, sale and/or use of any illegal drugs or controlled substances at any chapter facility, sponsored event, or at any event that an observer would associate with the Fraternity is strictly forbidden.

Where Fraternity policies are more restrictive than FIPG policies, Fraternity policies prevail, and members are required to comply with the stricter standard. Any member or chapter violating these standards and the laws of Kappa Alpha Theta is subject to disciplinary action.

By Carol Stenberg McPadden,  
Λ/Vermont, Vice-President College

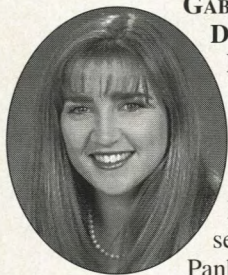




## SNAPSHOTS

# Portraits

### Individual Achievements



**GABRIELLE MALMAN, DELTA THETA/FLORIDA**, was elected to serve as the 1996 Panhellenic Council President at the University of Florida. Malman served on the Panhellenic executive board in 1995 as secretary and was the alumnae and administrative affairs director in 1994. She is also a member of Order of Omega leadership honorary.

**IRENE L. WALLACE, EPSILON OMEGA/WASHINGTON & JEFFERSON**, was named the 1995 Woman of the Year by the Conestoga chapter of the American Women's Business Association. During the 1995 business year, she was editor of the chapter's monthly newsletter, the *Wagoneer*. The newsletter won five awards for best overall publication in a regional competition.

**SUSAN ABLER, PSI/WISCONSIN**, has been elected to the National Kidney Foundation of Wisconsin's 1995-1996 statewide affiliation board. Susan serves as an executive committee member and also holds a committee assignment on the board as chairperson of the personnel committee.



**SUSIE STARRETT, BETA XI/UCLA**, won the 1995 Division I Tennis Doubles title with UCLA teammate Keri Phebus. Susie and Keri also won the 1995 Rolex Intercollegiate Tennis Doubles title in Dallas

in March. Susie is a 1993 initiate of Beta chapter at Indiana University and affiliated with the Beta Xi chapter at UCLA as a junior. She graduates this year and will play the professional tennis circuit.

**PHID WELLS, BETA/INDIANA**, was

awarded the Elkhart Lions' Club Citizenship Award. The award is given quarterly in recognition of outstanding service to the Elkhart, Ind., Community.



**STEPHANIE ANN FAUST, EPSILON IOTA/WESTMINSTER COLLEGE**, was selected as one of 170 individuals from more than 8,000 international applicants to be a cast member of *Up With People*. In addition, she was chosen from the cast to direct advance promotion and publicity for the European tour.

**SUZANNE STERLING KING, GAMMA PHI/TEXAS TECH**, was presented the Hero for Children Award by the Texas State Board of Education. This award recognizes Texas residents whose efforts have benefited schoolchildren in Texas. King has served as scholarship adviser for the Gamma Phi chapter for 12 years and is also the past vice-president of the local CASA Board of Directors.

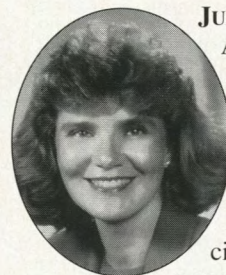
**POE TIMMONS, GAMMA DEUTERON/OHIO WESLEYAN**, has joined the Safelite Glass Corporation as vice-president of finance/corporate controller in Columbus, Ohio. Previously she was a partner at Deloitte Touche.



**Rene Primiano, X/Syracuse**, a senior fashion design major, designed and sewed the wedding dress worn by her Theta facility director, Jacqueline Hartert Sullivan.



**KAY ORTH KENDALL, KAPPA/KANSAS**, has been elected president of the Houston Chapter of the Public Relations Society of America. She is an accredited member of the society and has been a member of the board of directors since 1992.



**JULIE M. JOHNSON, ALPHA RHO/SOUTH DAKOTA**, was recently appointed executive director of the South Dakota Rural Development Council. Previously, she served as secretary of the South Dakota Department of Revenue, president of the Industry and Commerce Association of South Dakota, secretary of the South Dakota Department of Labor, and was a partner in the law firm of Maloney, Kolker, Fritz, Hogan, and Johnson in Aberdeen, SD.

**JILL STEWART, BETA/INDIANA**, founded the Indiana University Dance Marathon in 1990. The event has raised more than \$200,000 for the Riley Hospital for Children. The president of the Dance Marathon this year is also from Beta Chapter, **MICHELE ROGER**.



**KRISTIN HARTS, ALPHA OMEGA/PITTSBURGH**, was recently elected to serve as president of the Panhellenic Association. She also received the first-ever award from the University of Pittsburgh in the Overall Greek Excellence Awards for Outstanding Rush Chairwoman. In addition to being a member of the Fraternity and the Panhellenic Association, she is involved in Phi Eta Sigma, Omicron Delta Kappa, Golden Key, Society of Women Engineers, and Blue and Gold Society.





## SNAPSHOTS

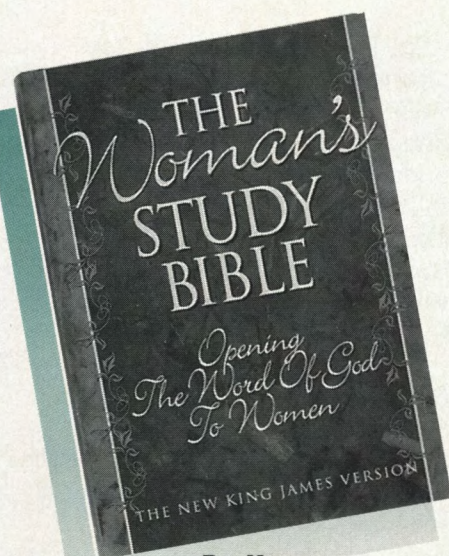
# Composites

Chapter & Club News

**Stephanie Russell, Γ/Butler**, was named Butler University's homecoming queen. This is the sixth year in a row that a member of Kappa Alpha Theta has won the honor. Pictured are Stephanie and last year's homecoming queen, Marcia Price.



**Alice Marrin, ΕΨ/Richmond; Jodi Littlestone, ΕΘ/Stetson; and Robin Wenneker, ΑΜ/Missouri**, worked to plan the 1996 Atlanta Paralympic Games, which will immediately follow the 1996 Olympic Games. The Paralympic Games are an elite competition for world-class athletes with physical disabilities.



**Dr. Karen**

**Johnson Hayter, ΕΕ/Baylor**, was among 80 contributors to *The Women's Study Bible*. This is the first study Bible created completely by women for women and addressing issues of particular interest to women. The Women's Study Bible combines scholarship with a feminine point of view and spiritual insight with emotional warmth.

The women of **Beta Gamma Chapter at Colorado State** gathered for a reunion at the Theta house in Fort Collins, Colo. Members of the classes 1954 through 1959 attended.



Thetas from across the US and Canada had the opportunity to meet at the 1995 Student Alumni Association/Student Foundation Network Convention, hosted by the University of Cincinnati. Pictured are (front) **Nora Pyesmany, ΒΨ/McGill; (second) Christie Smith, ΒΨ/McGill; Melissa Hoyt, ΔΗ/Kansas State; (third) Debbie Hollis, ΔΗ/Kansas State; Alison Beautz, ΒΦ/Penn State; Lisa Tomas, ΒΨ/McGill; (fourth) Michelle Belcher, ΔΗ/Kansas State; Kara Bishop, ΑΤ/Cincinnati; (back) Bridget Sheanshang, ΑΤ/Cincinnati.**





## SNAPSHOTS



(top) Thetas from **Epsilon Tau Chapter at Yale** celebrated at Kathy Wilder Lommen's wedding. Attendees included mother of the bride **Aileen Spiegelberg Wilder, BE/Oregon State**, and ET/Yale Thetas **Sylvia Audigier, Tricia Greenberg, Chrys Delling, Kathy Wilder Lommen**, and **Susan Hawkins**.



(middle) Members of the **Alpha Sigma Chapter at Washington State** held a reunion in McMinnville, Ore. Some of these Thetas had not seen each other in more than 50 years. Joining them was the daughter of **Eleanor Baker Macy—Thrina Macy Parent, AE/Oregon**.



(below) Celebrating Founders Day '96 in Santa Monica, Calif., at the Raffles Beach Hotel were **Beverly Green, Γ/Butler; Alex Proctor, BE/UCLA; Nancy Grubb, ΔΔ/Utah; Kate Mulhearn, BE/UCLA; Margie Baum, BE/Oregon State; Jennifer Scarborough, BE/UCLA; and Tracey Zaradich, BE/UCLA**.



The **Charlottesville Alumnae Club** celebrated the 12th Anniversary Founders Day in Staunton, Va., with afternoon tea at the Beverly Restaurant. Those in attendance included 50-year-plus members **Mary Revercomb Nooe, BB/Macon-Randolph; Dorothy Rolston Dawson, BB/Macon-Randolph; Catherine (Kitty) Arnest Forsyth, BA/William & Mary; and Lois (Dede) Blevins Austin, BT/Colorado State**.



Eight members of the 1973 and 1974 pledge classes of the **Alpha Gamma Chapter at Ohio State** met in Sedgewick, Maine, for a busy and fun-filled reunion hosted by Nancy Pickett. Those in attendance included **Pat Cameron Denman, Marilynne Palipchak Chapman, Nancy Holtzmuller Schafer (back), Sue Robinson Switzer, Cindy Parilak Batman, Jackie Myers, Nancy Pickett Buckingham, and Tobin Linehan Kreager**.





## SNAPSHOTS



Sisters from **Gamma Rho Chapter at UC Santa Barbara** met at **Kristen Johnson Del Biaggio's** wedding.



Members of both Kappa Alpha Theta and Kappa Kappa Gamma at **Texas Tech** came together to celebrate their 125th anniversaries. The Kappas surprised the Thetas with a tribute to Theta alumna **Callie Martin Chalk, BB/Randolph-Macon**, who died last March. She had served as Panhellenic adviser for more than 40 years. A bronze sculpture of a little girl flying a kite was presented to the president of **Gamma Phi Chapter at Texas Tech**, Dawn DeBerry, and Callie's husband, Dr. John R. Chalk. Pictured are **Carolyn Simpson, KKG**, and **ΓΦ/Texas Tech Thetas Renee Bergenheier Underwood, Marjorie Wilson Barnes, and Dawn DeBerry.**



(above) A mother-daughter combination of **Claudia Carver Bryant, O/USC**, and **Frances Hanson Carver, BΞ/UCLA**, joined the **El Camino Real Alumnae Club, Orange Coast Alumnae Chapter, and Santa Ana Alumnae Chapter** for their Founders Day luncheon at the UC Irvine University Club.

Court Appointed Special Advocates of Franklin County, Ohio, honored the **Columbus Alumnae Chapter** with the 1995 Child Advocacy Award. The chapter has raised more than \$6,000 in the last three years through poinsettia and pansy sales.

The women of the **Denver Alumnae Chapter** added a silent auction to their annual holiday party. It raised almost \$3,000 which was donated to the Denver and nearby Arapahoe County CASA organizations.



Founding members of the Houston Theta Charity Antiques Show, **Mary Francis Couper** and **Mary Margaret Perry, both AΘ/Texas**, joined Houston Alumnae Chapter President **Anne Budill, AX/Purdue**, to accept the Houston National Society of Fund-Raising Executives Outstanding Philanthropic Award from NSFRE President Ronda Johnson. This award is given to a foundation, corporation, or organization with a recognized long-term commitment to philanthropy, with a primary focus on the support of nonprofits in the greater Houston metropolitan area. During the last 42 years, the Houston Antiques Show has contributed more than \$2,600,000 to philanthropies including the Kappa Alpha Theta Foundation.



## Close-Ups



### Variety of Experiences Lead to Theta's Unusual Career

Over the past 30 years, Judy Dill Kreag, Gamma Sigma/San Diego State, has been a teacher, author, dyslexia tutor, volunteer, and full-time mom. Today she takes the experiences from all of these activities and weaves them into her newest vocation—early childhood parent educator.

Before the birth of her daughter, Kreag taught elementary school and earned a master's degree in remedial reading. After Jennifer's birth, Kreag tutored dyslexic students; worked as a homebound teacher; substitute taught; and did volunteer work at the Soup Kitchen, Meals on Wheels, and St. Luke's Hospital. She also became involved with CASA and served as a guardian ad litem. Working as an

advocate for neglected children in the juvenile court system opened her eyes to many problems in today's society, Kreag says. She went back to school again, this time to get her Parent Educator License.

Today, Kreag holds two jobs. She works as parent involvement coordinator at her daughter's high school and as a parent educator for the Hermantown-Proctor Early Childhood Program. She is also cofounder of a new support group for parents of teens called HELP (Hope and Education for Loving Parents). She works with parents of teens and is also able to pass on what she learns to parents just starting out with preschoolers. Kreag's goal has always been to make a difference in the lives of children. She spent the first part of her life working with children and now feels she can make that difference best by working with parents.

By Joy Illikainen  
Gamma Nu/North Dakota State

### Theta Golfer Is Hall-of-Fame Material

On a glorious fall day, with the Highland Meadows golf course as a backdrop, I had the good fortune to meet and spend a delightful lunch with Jan Westman Taylor, Alpha/DePauw. Not only could I have listened till the sun went down, I left wanting to take up golf!

Taylor recently became the first woman and only the second person from Northwest Ohio to enter the three-year-old Ohio Golf Hall of Fame. Taylor served as executive director of the Toledo District Golf Association (TDGA) from 1976 to 1986. She was the first woman to serve as president of the International Association of Golf Administrators. Taylor has also served as executive director of the Women's Ohio State Golf Association, and she ran the Ohio Women's State Amateur Championship. She's been president of the Ohio Senior Women's Golf Association since 1987.

Until her husband became a sports columnist for a Dayton, Ohio, newspaper, Taylor had never been interested in golf. But when she learned that someone was needed to distribute score cards and "man" the scoreboard at an area golf tournament, Taylor jumped right in. So began her involvement in and love of golf.

When Taylor started playing, golf was a male-dominated sport with many discriminatory practices toward female players. Taylor met these attitudes with good cheer and perseverance. Soon, she was recognized not only as an outstanding

golfer but as someone with administrative potential.

Although she retired as executive director of the TDGA in 1986, retirement doesn't mean slowing down to Taylor. In 1988, she was the first woman to receive the Burt Silverman award, a prestigious award given for promotion of and dedication to a sport. Jan also serves as course rating director for the Toledo District, assists in rules seminars, and runs the Seniors Tournament, all while maintaining a high ranking among female amateur golfers.

Taylor is currently exploring volunteer possibilities and thinking about attending a community college with the goal of becoming a tax preparer. Whatever Jan Taylor sets her sights on, she seems to accomplish. Her fan club is large for good reason—she is a champion.



Jan Westman Taylor, Alpha/DePauw

By Molly Whitier Sims Nu/Hanover





# CASA and Theta Celebrate Their Partnership

*"There is a group to whom we owe an enormous amount of gratitude for their support, which has come in so many ways and made such a difference in what we have been able to do for children."*

**-Helen Leonhart-Jones, President of the Board of Directors of National CASA (Court Appointed Special Advocates)**

## National Conference

Leonhart-Jones spoke these words when she awarded the 1996 National CASA President's Award to the Kappa Alpha Theta Foundation at National CASA's fifteenth annual conference. She continued: "Theta's commitment to all abused and neglected children having safe, permanent homes has been unwavering as we continue to work together toward this goal. This award is one way we can say thank you."

The mutual regard between Kappa Alpha Theta and CASA was demonstrated several times during the May conference, which was held in Washington, DC. One of these demonstrations was the President's Award. The award commemorates the seven-year partnership between CASA and Kappa Alpha Theta. During those seven years, Foundation grants have funded public awareness and education materials for volunteers; CASANET, an on-line information resource; publications including *The Connection* and *Speak Up!* newsletters; and a toll-free telephone resource line.

But Theta's support of CASA extends beyond the giving of grants. In her award presentation, Leonhart-Jones alluded to the countless ways individual Thetas have supported CASA. Members donate their time to help start new CASA programs, host state and national conferences, provide office assistance, conduct fund-raisers, and make things for or interact directly with CASA children. Many Thetas have completed CASA's training program and serve as advocates in court and as local board members. "The links of this relationship extend in so many directions," Leonhart-Jones said.

One of these directions is the Program Director of the Year Award,

which is also funded by Kappa Alpha Theta and was also presented at CASA's May awards banquet. Foundation Vice-President Joyce Honeyman, Beta Zeta/Oklahoma State, presented the 1996 award to Lani Wilkeson. Wilkeson has spent eight years as executive director of the Davidson County CASA program in Nashville, Tenn. During that time, she expanded the program's services from 88 children in a three-year period to 250 children annually. Wilkeson was also instrumental in founding the Tennessee CASA

Association and has been involved with CASA on the national level and with other nonprofit children's services groups. The Program Director of the Year Award includes a \$5,000 prize.

Almost 100 Thetas attended the annual awards banquet. Many Washington-area Thetas also attended a special reception in their honor several days after the banquet. At the reception, Senator Nancy Kassebaum, Kappa/Kansas, was recognized for her efforts on behalf of children. Kassebaum was presented framed art with this inscription: Children's Champion in Congress, Senator Nancy Landon Kassebaum, in grateful recognition of your leadership in Congress to assure that all children have safe, permanent homes.

## Task Force

In the years since Theta's partnership with CASA began, the Kappa Alpha Theta Foundation has awarded more than \$400,000 in philanthropic grants to the national organization. To study the relationship between Theta and CASA, Foundation President Marilyn Chesher Lynch, Gamma Phi/Texas Tech, appointed a task force and asked the members to make recommendations to the Board of Trustees based on their findings.

The task force comprised Virginia Rosewaine Sundt, Gamma Sigma/San Diego State (chairman); Joyce Harrison Honeyman, Beta Zeta/Oklahoma State (mentor); Carol Hicker Brewe, Alpha Lambda/Washington; Alice Osborn Brooks, Beta Iota/Colorado; Clara Butcher Poole, Alpha Theta/Texas; Marian Albaugh Short, Alpha/DePauw;

Ann Willard Watts, Delta Delta/Whitman; and Ann Gomez Whitworth, Eta/Michigan. The task force contacted National CASA staff members, National CASA volunteers and the board of directors, and past and current Foundation trustees, as well as reviewed past and current contracts and grants. In addition, six members of the Alpha Lambda Chapter at Washington who have attended Seattle Juvenile Court sessions this academic year submitted narrative descriptions of their experiences to be included with the task force's report.

CASA staff members indicated that Theta funding allowed production of items otherwise beyond financial reach and expressed their appreciation. For instance, Theta moneys have helped produce a web site on the Internet that is designed to increase public awareness and provide information and recruit volunteers. The site lists the location of local programs, provides links to other programs assisting children, and includes an information page about Kappa Alpha Theta. The address is [www.nationalcasa.org](http://www.nationalcasa.org).

Thetas interviewed by the task force gave the National CASA Association excellent reviews for doing a superb job helping children. They also praised the warmth encountered in CASA headquarters.

The task force concluded that the relationship between CASA and Theta is one of "... high mutual regard for the talents and skills brought to the table." The task force recommended that Kappa Alpha Theta continue its relationship with CASA. Other recommendations included strengthening awareness and education programs within Theta at both the alumnae and collegiate levels and continuing to fund the Program Director of the Year award.

In their final report, task force members wrote, "Theta indeed supports a deserving organization seeking to provide help for the children whose last resort is the Juvenile Justice Court. Hopefully, education and public awareness will bring more volunteers to help these children find safe, permanent homes and free them from the nightmare of abuse and neglect that brought them to the court system."



# Theta Volunteers Are ENTHUSIASTIC

**K**appa Alpha Theta is a volunteer organization. Each year, hundreds of devoted alumnae donate tens of thousands of hours of their time to help the Fraternity function and grow.

Theta volunteers come from every chapter and live all over the world. They advise college chapter officers; help maintain and manage chapter facilities; participate in alumnae groups; serve as

district and regional officers, and govern the plans, programs, policies, and operations of the Fraternity. They also contribute their time and money to the Kappa Alpha Theta Foundation and the projects it supports.

Theta volunteers give of themselves and their talents because of their love and enthusiasm for Kappa Alpha Theta.

Thank you, Theta volunteers!

**"M**y involvement with our Fraternity has taught me invaluable skills and provided fantastic friendships. Through the years, I have received so much more from Theta than I can begin to repay."

JANET PAINE PETERS, BΩ/  
COLORADO COLLEGE, DIRECTOR OF  
VOLUNTEERS, FORMER GRAND PRESIDENT

**"I** enjoy working with college women; I hope to be a resource for them. Theta has impacted my life on many levels—both personally and professionally—and I want to give back some of what Theta has given me."

KIM KNEPPER, N/HANOVER, ADVISORY  
BOARD CHAIRMAN

**"I** work as an advisory board chairman because I feel that young Thetas are the promise of the future. It's like having 130 daughters, with all of the ups and downs, the love and caring, the joy and sorrow magnified 130 times. It's very challenging at times but always rewarding."

CAROLYN WEESNER MATTHIASSEN, ΓΔ/  
BELOIT, ADVISORY BOARD CHAIRMAN

**"T**he rewards from volunteering in Theta are almost as numerous as the opportunities for involvement. For me, the common thread in the benefits has been the "for-a-lifetime" friendships with college actives, with Theta alumnae, and with alumnae from other sororities that have evolved from my Theta activities. Also, it has been gratifying to know that any effort I make, large or small, is a contribution to the maintained strength and breadth of our Fraternity."

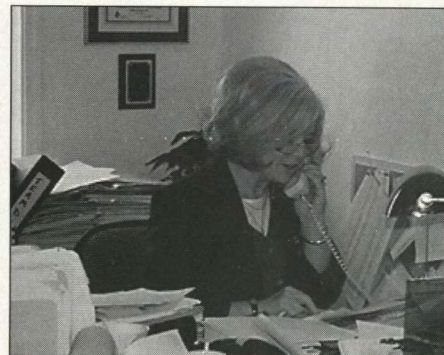
CHARLENE MELDEN CARTER, ΓΨ/TEXAS  
CHRISTIAN, ADVISORY BOARD CHAIRMAN

**"M**y daughter is a Theta, and she has grown and gotten so much from it. The volunteers for her chapter were so wonderful, and I want to give back to Theta."

CAROLE FRANKOVICH BROPHY, AN/  
MONTANA, ADVISORY BOARD CHAIRMAN

**"I** like Theta. I like what it stands for and what it does to promote a consistent set of principles, and I like Thetas. I have found these women to be of outstanding quality and to be true friends. Therefore, I volunteer."

JENNIFER SETTE ROVA, ΑΠ/NORTH DAKOTA,  
FORMER VICE-PRESIDENT MEMBERSHIP



Joyce Harrison Honeyman, BZ/  
Oklahoma State, is vice-president  
of the Kappa Alpha Theta  
Foundation. Her many responsibilities  
include raising money for the  
Foundation.



Frances Black Sewell, AH/  
Vanderbilt, and Caroline Trout  
Johnson, AX/Purdue, are finance  
regional directors. They and four  
other FRDs serve as resources in  
money matters to college chapters.



Cathy Stout Bayse, Γ/Butler, is vice-  
president education. As such, she  
helps organize regional training  
sessions for Theta officers.



# Together & Thetas



## Kappa Alpha Theta Fraternity

### Together: The Essence of Theta "Together Thetas" Is Theme of New Recruitment Campaign

Since the beginning, Theta has brought together women from various walks of life who share common ideals and goals as they prepare to make their marks on the world. Whether it's finding a study buddy, discovering a new friend in a new town, talking to an old Theta roommate, or rekindling friendships at reunions, Theta brings us together and bonds us together through the years.

In fact, when asked why she joined Theta, a college member recently said, "I joined Theta because of the diversity of the girls. There are girls from all dif-

ferent backgrounds that have come together and are bonded by sisterhood."

*Together* describes the essence of being a Theta—it implies sisterhood, unity, and support. Yet *together* also describes the individuals who choose to be Thetas—intelligence, ability, involvement, style—the Theta woman is definitely together!

That's why the new recruitment campaign theme, "Together Thetas," was chosen. Materials will be available this fall for chapters to use during rush—from napkins and name tags to ban-

ners, posters and bid day or party T-shirts, all using the new logo and theme. The chapter consultants conducted focus groups at various campuses, and Thetas from 21 chapters discussed options at the Educational Focus Group weekend in February. From this research, "Together Thetas" was unanimously chosen.

The new materials can not only be used for rush, but also for various other purposes, such as Parent's Weekend, Homecoming, and Greek Week activities. The Fraternity's extension presentation materials will also center on the "Together Thetas" theme. ■





# The Game of



*(How Theta Rush Moves You Forward)*

**A**s a young girl about seven years old, I thought I was very busy. After going to school all day, my ten-year-old sister and I would spend our time after school at swim practice or either piano or ballet lessons. We also went through a phase when we would play LIFE with the neighborhood kids for hours on end. For those not familiar with the game, it is designed to mimic what each of us does during life. Each player is represented by a colored plastic car, and the directions instruct players to spin a wheel in order to move forward. Players travel the board graduating from college, finding a job, getting married, having children, and retiring—all within about one hour's time.

Many different challenges and opportunities along the way change your path of LIFE. Depending on how the wheel is spun, a player's life is changed by renting an apartment and buying new furniture, having children, having an auto accident, buying a house, paying taxes, or maybe even winning a million dollars. But nowhere on the board can someone land on a space titled "Join a fraternity or sorority! Collect new friends and great opportunities."

## Go Greek! Move Forward Two Spaces.

I can still remember waking up in a ten-foot-by-ten-foot dorm room on the first day of rush during my freshman year at Butler University. I couldn't wait for the day to begin. I didn't realize at the time that the decision I would make by the end of that rush week would impact the rest of my life in the ways that it has. I was just eager for the day to begin and very nervous. Of course, I worried if I would say the right things or ask the right questions. I wondered if I would fit in at any of the Greek groups on campus.

By Hillary Brames

My experience was a fortunate one: I chose the Thetas, and they chose me. They also chose 28 other young women. I learned so much from my experience as a rushee. Although I didn't realize it at the time, that experience and the following three years of rush would help me in situations for the rest of my LIFE.

Two days after graduating from Butler University and turning 22, I began the first day of my first real job. I was so excited, anxious, and nervous. I realize now that I had the same feelings and thoughts as I had had that first day of rush. I was certainly asking myself the same questions that I had four years earlier: Would I say the right things? Would I fit in with my coworkers? Well, here I am, two years later, and I lived to tell about it. In fact, it has been a great two years.

Every opportunity, challenge, and experience that shaped our younger years can be put to use in making choices and changing direction in our lives. Rush teaches us how to interview and be interviewed. We learn how to promote ourselves, listen, answer questions concisely, and keep a conversation interesting. These are valuable skills that we will use many times in LIFE.

## Learn to Talk to Anyone. Move Forward Ten Spaces.

Do you remember how you felt the

first time you had to rush? Were you nervous, maybe even a little panicked? Were you scared of one-on-one conversations? Carol Larsen, Gamma Nu/North Dakota State, former vice-president membership, believes that "Rush is a safe place to develop skills you will use the rest of your life."

Larsen was a participant in the Miss America Pageant; after graduating from college, she traveled to New York City and Atlantic City, and to Washington,

DC, to attend President Kennedy's inauguration and the inaugural ball. Larsen believes that she was not as nervous as she might have been in this situation because of her membership in Theta.

A respected authority on career development, job search techniques, and self-image psychology, Larsen says, "During interviews it is important to be yourself and promote your skills."

As a professional, Larsen works with many young women and strongly believes

that women who are members of Greek organizations definitely know how to handle themselves. "There is a presence about these women," she explains.

Learning conversation skills—how to ask and answer questions, how to listen, and how to remember a person's name—is an important aspect of rush. Peggy Post, Delta Kappa/LSU, director and spokesperson for the Emily Post Institute, states, "The key thing is to learn to be a good listener. Remember to ask open-ended questions and find common interests and experiences."

No two situations will ever be the

*"Rush is a safe  
place to  
develop skills  
you will use  
the rest of  
your life."*



same, but after a while we become more comfortable with rush. Post recommends a little bit of coaching to get some ideas on conversation. "Think before speaking," she advises. "And try to be positive."

## Network!

### Move Forward Four Spaces.

Rush also teaches us how to network, a useful part of the game of LIFE. Networking can lead to a new job, a new friend, or even a new employee.

Kelly Renfrow, Alpha Mu/Missouri, is a former chapter consultant. She has taken advantage of new experiences and opportunities in her life. She has learned how to network.

When she finished traveling in May of 1995, Renfrow moved to Dallas, Texas. She gave her résumé to a Theta in the area who helped her find a job in a public relations firm.

Currently back in the job market, Renfrow was surprised to run into a Theta from California during the installation of our newest chapter, Zeta Upsilon at University of Texas Dallas. They had attended The LeaderShape Institute together during college. Coincidentally, this young woman is also in public relations in Dallas and led Kelly to other Theta contacts in the area. At the time of our interview, Kelly had a second interview scheduled with one of these contacts.

"I never realized how important networking is. And I especially didn't know how much Theta would help in my career development," says Renfrow.

Networking is a valuable skill for both rush and career development. Meeting people in class, at a social gathering, at the health club, or in a professional organization can be a positive way to promote both yourself and your organization.

### Become a Professional. Move Forward Five Spaces.

Rush can teach us how to work with people. Carrie Dieterle, Gamma Delta/Georgia, membership regional director, explains that she has frequently used the skills she learned during rush to enhance her job performance.



Learning conversation skills—how to ask and answer questions, how to listen, and how to remember a person's name—is an important aspect of rush and life.

Dieterle works in marketing at Egleston Children's Hospital in Atlanta and is often responsible for giving tours to volunteers and visitors. She believes her experience participating in rush at the University of Georgia has allowed her to feel comfortable meeting and working with strangers. "Many times I will be working a fund-raising event or hospital function, and I feel the same way I would at a rush party."

Rush teaches us how to work on a committee, how to set and work toward a goal, and the excitement of a job well done.

Most of all, rush teaches us how to work with other people. Whether it's in the workplace, through our children's schools, or at a church or service organization, the experience of how to work with different personalities, delegate responsibilities, and seek other

opinions is very valuable.

Rush can be seen as a paradigm for career development. As each of us shifts her focus in LIFE from school and fraternity to professional development and personal growth, the skills we learn during rush will be applicable in many different situations.

Whether you land on a space that reads, "Buy a condominium, pay \$100,000," or "Win the lottery. Collect \$1,000,000," you have also been on a space that reads, "Joined Kappa Alpha Theta! Collected friends and great opportunities!" ■

Hillary Brames, Γ/Butler, is the Fraternity's communications coordinator and associate editor of *The Magazine*. She was rush chairman at Gamma and is rush adviser at Alpha.



# Your Opinion Counts

## The Work of the Structure Task Force

The profile of the Fraternity's member/volunteer has changed, and our Fraternity structure should embrace the realities of that change. In response, Grand Council appointed a task force to examine how the structure might be improved to meet these changes. At this time, we are soliciting input from all members of the Fraternity so that your opinions can be considered in our ultimate recommendations for the 1998 Grand Convention.

The Structure Task Force met at Headquarters in March and accomplished a great deal. After addressing the specifics of our charge from Grand Council, we utilized the Strategic Plan as our guide and examined the "integral issues" involved in delivering the essentials of our Theta values to our membership continuum. These integral issues were distilled from the reports and work of previous task forces and research reports, including Theta 2000, the Volunteer Retention Task Force, and various authoritative articles regarding the changing profile of the volunteer pool in today's society. We explored many "what-if" issues and various avenues for viewing the delivery system required to address these integral issues.

By Suzanne Woodruff &  
Peggy Gallagher

The task force identified three different structure possibilities. The models presented are very different in many ways and very similar in others. Similarities include an increased emphasis on sophisticated technology, redrawn districts, and localized site-based management with empowered local contacts. We recommend a rigorous review of laws and policies to assure that only those necessary to promote Theta's aims of intellectual, social, and moral growth are retained. We hope that the models stimulate discussion and evaluation and will prompt creative thinkers to propose effective variations and improvements to these proposals.

We developed a new vocabulary for the positions in the structures to indicate similar functions that appear in each proposal. This was done in order to facilitate discussion without the implications of existing titles. It is our wish that the job descriptions in our final proposal will be consistent with job descriptions currently used in the business world. This

will facilitate transfer of volunteer and staff assignments from and into the professional environment.

Input will be gathered from focus groups of Thetas from throughout the Fraternity; from officers at the college, alumnae, and Fraternity level; and from all other interested members through surveys and correspondence.

Please call 1-800-526-1527, ext. 315, to request a survey packet if you are interested in giving your input. On behalf of every member of the structure task force, we thank you for your participation in this process. We hope that every member of the Fraternity takes advantage of the opportunities to express her ideas to the task force. ■

### Kappa Alpha Theta Structure Task Force

#### Cochairmen

Peggy Ahrenhold Gallagher, ΓΔ/Georgia  
Suzanne Luton Woodruff, ΓΨ/Texas Christian

#### Members

Katie Ditrich McMillin, AX/Purdue  
Noel Powers, EΨ/Richmond  
Betsy Sierk, BO/Iowa  
Martha Taylor Jones, AO/Oklahoma  
Marilyn Holappa Nicholls, Φ/University of Pacific  
Jill Pfeiffle Sauer, N/Hanover  
Sara Jane Ruffin Kennerley, ΑΓ/Ohio State  
Jennifer Northam, T/Northwestern  
Nancy Milligan Frick, A/DePauw



## MOVING? LET US KNOW!

This year, Kappa Alpha Theta will  
**spend more than \$6,000 to receive address corrections**  
from the US Postal Service.

**If you're moving**, simply pick up the telephone, dial  
1-800-526-1870, and tell Headquarters staff about your  
address change. Or, if you prefer, mail one of the forms  
from the post office to Kappa Alpha Theta,  
attn: address change, 8740 Founders Rd., Indianapolis, IN 46268.



With this easy step, **you can help make**  
**thousands of dollars available** for Fraternity programs.





"Theta holds a special place in my family," writes Margaret Holper. She and her four sisters are members of the Delta Chapter at Illinois. Back row: Jane Holper, Kathleen Holper, Anne Holper Payne; Front row: Mary Holper, Margaret Holper.

Elyse Frakes, Γ/Butler; Ruth Noggles Arnold, BI/Colorado and Kathy Arnold Frakes, BΠ/Michigan State,



celebrate Ruth Arnold's 75-year anniversary in Theta.

## Theta Families

*"Theta Families" is a periodic photo feature of The Magazine. We welcome your submissions.*



While on vacation in Florida, four members of the Fisher family—Meghan McCarthy, ΓΥ/Miami; Margaret Fisher McCarthy, ΑΓ/Ohio State; Elizabeth Scipio Fisher, Α/DePauw; and Allyson McCarthy, ΓΥ/Miami—pose with family friend Pamela Hecker Galipault, ΒΛ/William & Mary.

A Theta family gathers at Christmas: Laurel Anne Bonney, T/Northwestern; Jenny Bonney Smith, ΔΙ/Puget Sound; Helen Warren Garey, T/Northwestern; Jean Bonney Smith, T/Northwestern; and Anne Garey Bonney, T/Northwestern.



"Where there are Thetas, there's a way," writes Floy Daughtery. She and her sister and mother braved rush hour traffic and a snow storm to attend initiation at the University of Richmond. Pictured are Sarah Moore Oliver, ΕΨ/Richmond; Floy Oliver Daughtery, ΑΗ/Vanderbilt; Gray Moore Oliver, ΑΗ/Vanderbilt; Gray Oliver Thornburg, ΑΗ/Vanderbilt.



# The Greatest Gift of All



**O**n August 31, 1995, our son, Matthew Sorlie, was born. My husband, Jim, and I named him Matthew, which means "gift from God." Little did we realize at that time what a special gift we were given.

My labor was relatively short and uneventful. When the doctor handed me our son to hold, I remember thinking how fortunate we were to have two healthy children. Later the next day, we were discharged from the hospital. Matthew had not been very interested in nursing, but I was not yet concerned.

Jim and I were anxious to get home. I remember the excitement of pulling into our driveway with our new baby sleeping in the back seat. The neighbors and my parents rushed out to welcome us. The phone rang all afternoon with family and friends calling with congratulations.

Matthew slept all afternoon. I couldn't wake him to nurse. I thought he was just "being a baby" until he woke up in

a cold sweat, crying and breathing rapidly.

I called my pediatrician, who told me to bring him in immediately. After a brief examination, she told us she was going to re-admit Matthew to the hospital for some tests. I wasn't afraid until she told me she had called an ambulance to transport us. *After all, I thought, he's so big and looks so healthy. How could he have grown like this in my womb if something was seriously wrong?*

At the hospital, the neonatologists told us they were going to check for infections commonly found in newborns. We were shown where to wait, but through a window I could see that my baby was struggling to survive. His breathing was fast and heavy, and his chest was pounding in his desperate struggle to get oxygen into his system. Finally the doctor came out to give us an update. He suspected heart problems and had called in a pediatric cardiologist. Jim and I looked at each other, not believing what we had heard.

It seemed like an eternity before the doctors sat with us and explained Matthew's problem. Our baby was diagnosed with Hypoplastic Left Heart Syndrome. Matthew's left ventricle had not formed, and his heart could not sustain his life. The doctors didn't know what caused the defect. While the doctors tried to explain the problem with Matthew's heart, the only thing I could hear, over and over, were the words of the cardiologist, "This condition is 100 percent fatal."

I was in complete shock, and it was hard to comprehend the three options the cardiologist said we had. The first option was a series of surgeries called the Norwood procedure. During the first three years of his life, three separate open-heart surgeries would be performed to try and restructure and rebuild Matthew's heart. The second option was a heart transplant. The final option was compassionate care, meaning we would take Matthew home to die.

During the next few days, Jim and I made phone calls trying to learn more about transplants, the Norwood procedure, and insurance matters. This wasn't easy, because it was the start of Labor Day weekend, and everyone we needed to talk to was on vacation for three days. So I did a lot of crying and heavy-duty soul-searching. How could I ever come to a decision? I wanted my baby to live, but I didn't want him to suffer anymore.

It had been four days, and Matthew hadn't opened his eyes. His chest pounded with every breath, and he would frequently cry out. I wanted to absorb his suffering and breathe for him, but there was nothing I could do.

Finally the doctors allowed me to hold him. His heart rate, which was elevated on the monitor, dropped, and he finally settled down. I was overjoyed that I was able to comfort him. As I rocked him, I could feel his strength. I felt that Matthew was a fighter and wanted to live.

Jim and I announced to our families that day that Matthew was going to be listed for a heart transplant.

The next day, Matthew and I boarded an air ambulance to Denver, Colo., where Matthew would wait at Children's Hospital for his donor heart. The first infant heart transplant was performed only 10 years ago at Loma Linda in California. The heart transplant program

**By Teresa Sorlie & Brenda Staab**



in Denver started only five years ago, but they have an excellent reputation and are doing as many transplants yearly as Loma Linda. We had great confidence in the transplant team and hospital we had selected.

After Matthew was settled in at the hospital, it was time to move the rest of my family. We rented an apartment in Denver where I lived with my mother and 19-month-old daughter, Megan. Jim continued working in Kansas and flew in on the weekends to be with us.

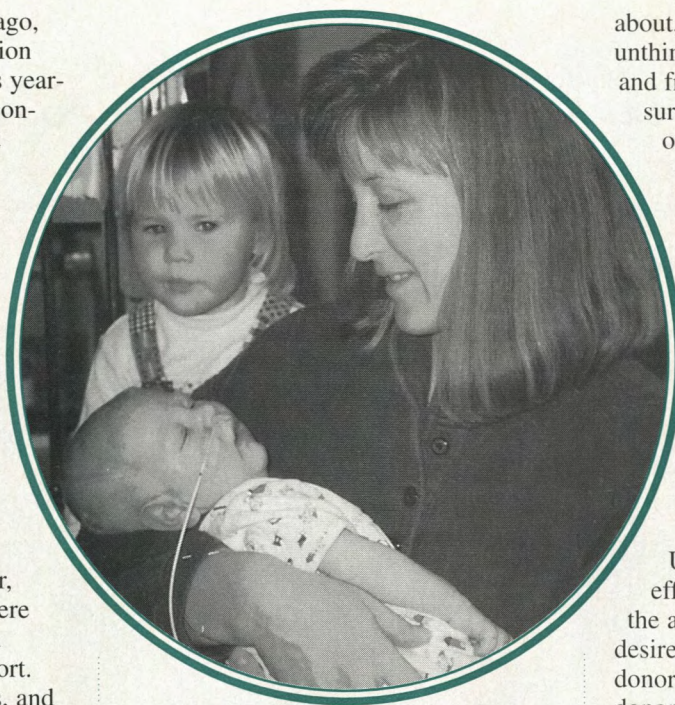
With all the upheaval, I was comforted by the fact that Denver was not a strange city. I had gone to school at the University of Colorado in Boulder, and several of my Theta sisters were still in the Denver area. My Theta friends were tireless in their support. They called, sent cards and letters, and visited when they could.

As the months dragged on, Matthew stayed fairly healthy and managed to grow and gain six pounds. In time, however, he grew very weak, and the wait was beginning to take its toll. The doctors told us that the longest an infant had waited for a donor heart at Denver's Children's Hospital was three and a half months. I never thought we would wait that long, but we were nearing the middle of December, and I wondered if we were going to set the record for the longest wait.

Every day was a struggle. When I woke up each morning, I was happy Matthew was alive, but saddened that he would have to fight to live another day. And it was painful to see the other children in the hospital. Some days I would walk around and cry for all the children I saw.

One Sunday evening in December, a Theta friend stopped by the hospital to visit. While she was holding Matthew, the nurse came to tell me the transplant coordinator was on the phone. It was the call for which we had been waiting nearly three and a half months. I was ecstatic that Matthew would finally get his chance, and I grieved for the family that lost their three-year-old child.

Early the next morning, Matthew underwent a grueling nine-hour operation. When we were finally able to see him, we could hardly recognize our



**Teresa Sorlie, BI/Colorado, with her 11-week-old son, Matthew, and daughter, Megan, at Denver Children's Hospital while awaiting a heart transplant for Matthew.**

baby with all the IVs, tubes, and pumps.

Matthew's surgery was more complicated and his recovery more difficult because of the long wait for a donor heart. Matthew's roommate had waited only half the time Matthew did. He received his donor heart two days after Matthew and was out of intensive care two days before Matthew. In spite of all the difficulties, Matthew recovered and grew stronger. Only 11 days after surgery, we were able to bring our baby home to our apartment in Denver. His strength and patience through all of this will always be an inspiration to me.

Matthew has been doing well for the four months since his transplant. However, this ordeal is not over. Matthew will be on medications that suppress his immune system for the rest of his life. These medications are necessary to prevent his immune system from attacking his new heart, but they also leave him more susceptible to infection. As for me, the worry is always there in the back of my mind, and I will carry that with me for the rest of my life.

Death is not an easy subject to talk

about, and the death of a child is unthinkable. Please talk to your family and friends about organ donation. Make sure they know how you feel. At any one time, there are more than 35,000 people listed for organ transplants. Every day, eight people die while waiting. Matthew was fortunate to get his chance. Every day I am thankful for my baby and for the family who gave Matthew his life.

## You Can Help Save Lives

Donating organs is easier than you think. According to the Uniform Anatomical Gift Act, effective in all 50 states, anyone over the age of 18 can indicate his or her desire to be an organ donor by signing a donor card. For more information about donor cards, call 1-800-24-DONOR.

Most importantly, tell your family and your physician that, in the event of your death, you want to become a donor. Encourage family and friends to be organ donors as well. Donation costs nothing to the donor's family or estate. The donor's family is responsible for hospital charges not involved with the donation and for the donor's funeral arrangements.

What can be transplanted? Corneas, middle ears, lungs, hearts, blood vessels, livers, pancreases, kidneys, bones, bone marrow, and skin can all be successfully transplanted. All potential donors are tested for infectious diseases (including HIV) before being accepted as donors.

Deciding to be an organ donor is a very personal decision, and it's important for your family to support your commitment. Through organ donation, one person really can make a difference: One donor can potentially help more than 50 other people. Donation can dramatically improve—even save—the lives of those suffering from organ failure, bone defects, burns, or blindness. ■

Teresa Clarkson Sorlie, BI/Colorado, is back at home in Wichita, Kan., with her family. Brenda Brown Staab, BI/Colorado, is director of sales for Kahler Lodging in Rochester, Minn.; she and her husband have a one-year-old son.



# Valediction to My College Chapter

by Amber Rhyne

Before I could sit down and write this, I shut my eyes and tried to think of some way to say what Theta is, exactly, and how it has been a part of my life. I have grown closer to my sisters in the past six months; maybe this is because I am graduating and desperately trying to make the most of each day I have left at Duke. But I think the reason that this fraternity is so important in my life is because there is a real family here, a Theta family that I am sad to be leaving.

When I became a part of this family, I remember thinking how amazing it was going to be to have 100 sisters. I had always wanted a sister. I had always wanted someone who would play in Mom's makeup with me. I wanted a sister so we could try on each other's clothes, talk about boyfriends, and share those small secrets that you cannot tell your mother.

Trust me when I say that dressing your younger brother up in a Little Bo Peep costume, complete with blue eyeshadow and high heels, and then trying to gossip with him about the cute boy next door just won't cut it. So I was happy to have a whole room full of sisters that I could love and be a part of.

Theta is a family. But it's much more than that, for in it I have found the best qualities of all the organizations I have been a part of and all the people I have known. Theta exhibits the diligence and innocent persistence of my Brownie troop. It displays the universal acceptance of my kindergarten teacher, who would smile at our pictures of green dogs and purple grass. Theta has the camaraderie of my high school basketball team, the creativity of my honors English class, the love and understanding of my mother, and the engaging spirit of my best friend. And every time I come to a meeting, I can see all of this packed into bright and smiling Theta faces. They hug me, invite me to lunch, ask me about all the boys I have *not* been dating, and listen to my woes.

This happens to me every week at Theta, but I am continually surprised by it because not every Theta is my closest friend or roommate. It is something different than this that



Amber Rhyne (left) with her friend and sister Theta, Erica Berg.

allows us to care for one another. We are all Thetas, and that bond is eternally strong. It bridges our diversity and brings us together, even though we are all so different! Sometimes I feel like part of a box of Crayolas—the 64-crayon box, with silver and gold and sienna and magenta and lime.

I am very fortunate to share this bond with such distinguished and beautiful women. If I had not become a Theta, I would not have

been a part of this. I probably would have been a part of something else instead, but I cannot imagine that it could match this. There is something we have ... something that pulls you in and makes you happy.

There is a link in the Theta chain that stands for me. No one can ever take that away. Being a Theta has not been the most exciting thing I have done in my life, or the biggest accomplishment. It has not brought me fame or wealth or power. But it has brought me this family, and that will last longer than anything else. It has given me a safe haven during my college years where I could always go when the rest of the world got too harsh or painful. I finally found a poem that put this feeling into words.

Come, my friends, 'tis not too late to seek a newer world.  
We are not now that strength which in old days moved  
earth and heaven;  
That which we are, we are;  
One equal temper of heroic hearts,  
Made weak by time and fate, but strong in will  
To strive, to seek to find, and not to yield.

What I will do before I leave is take each Theta by the hand and tell her how much fun this has all been. I will thank them all, tell them how much I will miss them and always love them. And I know that they will say, "Ditto." ■

Amber Rhyne, BP/Duke, graduated this spring. She was chosen to write and deliver this original essay as a "senior comment" to her chapter after the last round of rush.



# Thank You, Volunteers

Congratulations to the following permanent alumnae secretaries and state/province chairmen who recently received awards for service. A permanent alumnae secretary (PAS) maintains records of all initiated members of a given chapter, while a state/province chairman (SC) maintains records of all initiated members living within her given area. In this way, these officers of the Fraternity help ensure that each alumna remains in touch with Kappa Alpha Theta.

## State Chairmen

### 35 Years:

Jane Chadwell Delony,  
Tennessee

### 30 Years:

Helen Heining Carr, Vermont

### 20 Years:

Roses Marcoux Longino, Georgia  
Charlene Podas Levy, Minnesota  
Rebecca Ann Reddick, Virginia

### 15 Years:

Arline Tiegen Astrup, N. Dakota  
Anne Miller McCoy, Wyoming

### 10 Years:

Carolyn Jewett Strand, Alaska  
Julie Deobald Heimgartner,  
Idaho

## Permanent Alumnae Secretaries

### 30 Years:

Helen Heining Carr,  $\Delta$ /Vermont

### 15 Years:

Patricia Hamar Boldt,  $\Delta\Psi$ /Lawrence  
Margery Evanson Smith,  $\Gamma\Lambda$ /Beloit  
Rae Opie Hunt,  $\Delta H$ /Kansas State  
Lorene Allen Raymond,  $\Delta N$ /Arkansas

### 10 Years:

Annilee Armstrong Shaul,  $\Delta$ /Illinois  
Katherine O'Brien Dewan,  $\Sigma$ /Toronto  
Debrah Owens Bennett,  
 $\Phi$ /University of Pacific  
Roberta Carpenter Kropp,  $B\Delta$ /Arizona  
Julie Deobold Heimgartner,  $B\Theta$ /Idaho  
Dretta Christian,  $\Gamma I$ /Kentucky  
Joan M. Cresap,  $E\Pi$ /Bucknell

## Chapters Needing PAses:

Lambda/Vermont, Alpha Beta/Swarthmore, Alpha Delta/Goucher, Beta Rho/Duke, Beta Chi/Alberta, Gamma Psi/Texas Christian, Delta Xi/North Carolina, Delta Chi/Virginia, Epsilon Kappa/Dartmouth, Zeta Tau/Delaware.

**State Chairman Needed:** Vermont.



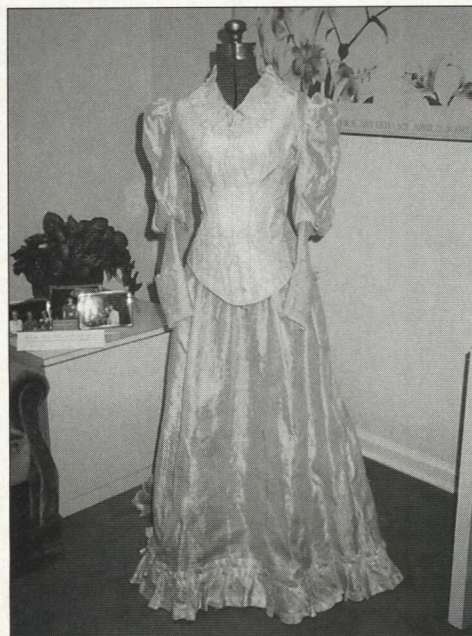
# Meet You at **Headquarters**



Kappa Alpha Theta Headquarters houses both the Fraternity and Foundation offices. Built in 1983, it is one of 20 national fraternity headquarters located in Indianapolis.

## **Dining room**

Like the boardroom, the conference/dining room is used for meetings. The lighted cabinets at one end of the room display silver and archival items.



## **Archives**

This dress was part of Bettie Locke's trousseau. It is just one of many historic items housed in the archives at Fraternity Headquarters.

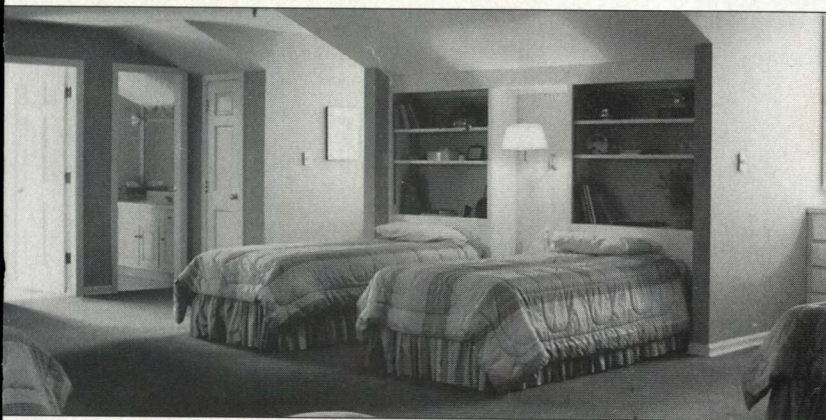


## **Boardroom**

Grand Council, Foundation Trustees, special officers, and Fraternity staff meet in the boardroom. Shelves to the left and right of the fireplace hold books donated by Theta authors and bound volumes of *The Magazine*. The antique cherry secretary displays Theta memorabilia and was a gift from the descendants of Alice Allen Brant.



# uarters

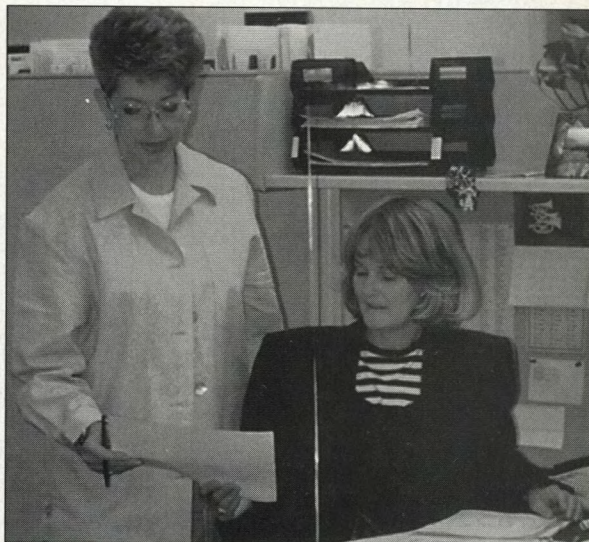


## Dorm

The dormitory will accommodate nine overnight guests. It features built-in chests of drawers and luggage storage closets. The compartmented bathrooms offer four separate areas for dressing.

## Leadership Conference

Fraternity Headquarters is used for special events, such as a tour and barbecue dinner during the 1995 Leadership Conference.



## Staff

Staff members volunteer their time to raise money for the Kappa Alpha Theta Foundation during a phonathon at Headquarters. Twenty-seven full- and part-time staff members work at Headquarters and provide services for chapters, clubs, and members of Kappa Alpha Theta.





# I Am a Founder!

Founders Day took on a whole new meaning for me this year. I actually was a founder!

The circumstances were a bit different than they were in 1870, but the excitement was the same. The setting was a ballroom in a hotel at Research Triangle Park, NC, rather than an attic in a home in Greencastle, Ind. And instead of a group of four college women, there was an abundance of alumnae. On Saturday, January 20, 1996, this new group of founders signed the charter of the Raleigh/Durham/Chapel Hill alumnae chapter of Kappa Alpha Theta.

Kathy Bennett Tonkel, vice-president alumnae; Amye Tankersley King, alumnae district president; and 40 other Thetas braved snow, ice, and thunderstorms to attend the installation. It was the first alumnae chapter installation in six years.

The new alumnae chapter has members from colleges across North America, from Canada to Florida. Many

of the charter members live in the Raleigh/Durham/Chapel Hill area, but we do have members from as far away as Rockingham and Washington, DC. The chapter will have four joint meetings a year. In the other months, the two geographic areas—Raleigh and Durham/Chapel Hill—will hold local meetings.

We had several meetings before the official installation. We attended a North Carolina vs. Duke football game and post-game tailgate party. A Christmas party and a silent auction to benefit CASA were also held. We are looking forward to many activities ranging from

a picnic and kite fly with CASA children to cleaning the University of North Carolina chapter house to bowling with our families.

This Founders Day was special to me; the ritual had a completely different effect on me than it did in college. I truly felt that I understood what Bettie Locke had in mind. *Theta for a lifetime* really means something tangible to me now. I relish the opportunity to work with my fraternity for a long time to come.

Mary Frances McClure, ΔΞ/North Carolina, is vice-president communications of the Raleigh/Durham/Chapel Hill Alumnae Chapter and a reading recovery teacher.



Officer installation was held after the chapter itself was installed.

By Mary Frances McClure



## DIRECTORY

Correspondence or telephone calls to officers or trustees of Kappa Alpha Theta Fraternity or Foundation may be directed to:

International Headquarters  
8740 Founders Road  
Indianapolis, IN 46268  
317-876-1870.

## FRATERNITY

### Grand Council

**President:** Carryl Wischmeyer Krohne, N

**Vice-President College:** Carol Stenberg McPadden, A

**Vice-President Alumnae:** Kathleen B. Tonkel, H

**Vice-President Development:** Margie Miller Baum, BE

**Vice-President Education:** Cathy Stout Bayse, T

**Vice-President Finance:** Jill Pfeifle Sauser, N

**Vice-President Membership:** Helen Edwards Woodward, AO

**Foundation President:** Marilyn Cheshier Lynch, ΓΦ

### National Panhellenic Conference

**Delegate:** Lissa Luton Bradford, AH

**1st Alternate:** Carryl Wischmeyer Krohne, N

**2nd Alternate:** Norma Anderson Jorgensen, ΓZ

**3rd Alternate:** Helen Edwards Woodward, AO

### Staff Officers

**Executive Director:** Marcia H. Bond, ΓΔ

**Director of Development:** Nancy Milligan Frick, A

**Director of Finance:** Betsy Sierk, BO

**Director of Communications:** Karen Schultz Alter, Γ

**Director of Chapter Services:** Kelley Galbreath Hurst, BI

**Director of Member Services:** Paige Thompson, N

### Chapter Consultants:

Paige Bendel	ΓI
Christine Lawson	Ω
Ansley Paulsen	ΓΔ
Jill Quintana	AO
Lesley Ross	AN

## FOUNDATION

An Indiana Not-for-Profit Corporation established May 26, 1961, for the purpose of receiving and disbursing funds in order to continue and increase the philanthropic, scholastic, and leadership programs of the Fraternity.

**President:** Marilyn Cheshier Lynch, ΓΦ

**Vice-President:** Joyce Harrison Honeymann, BZ

**Trustee:** Deborah Bornmann Allen, ΔΘ

**Trustee:** Florence Helen Ashby, BN

**Trustee:** Susan Mueller Sladoje, AT

**Trustee:** Carryl Wischmeyer Krohne, N

**Trustee:** Kathleen B. Tonkel, H

**Trustee:** Joyce Anne Rogers Vitelli, X

### Special Officers

#### Alumnae Regional Directors

**Districts I, IV, VII, XIII, XV, XVII:** Nancy

Koberstein Klobasa, BK

**Districts II, V, VIII, X, XII, XIV:** Martha Taylor Jones, AO

**Districts III, VI, IX, XI, XVI, XVIII:** Lyn Stewart Simensen, IT

#### College Regional Directors

**Districts I, VI, XIII:** Barbara Beery Willman, T

**Districts II, III, IV, X, XIV:** Linda Beck Pieplow, TM

**Districts V, XII, XV:** Kathy Newman Schweer, AO

**Districts VII, XVI, XVII:** George Shannon Maddox, AΞ

**Districts VIII, IX, XI, XVIII:** Julie Vance Keller, AX

**Archivist:** Mary Edith Estes Arnold, AM

**Director of Alumnae Personnel (SC/PAS):** Lou Wetstein Simpson, BT

**Director of Alumnae Programming:** Carol Straley Trimmer, AX

**Director of Leadership Development:** Vicki Totter Hess, ΔΘ

**Director of Scholarship:** Betsy Halvorsen Colborn, ΔΔ

**Director of Volunteers:** Janet Paine Peters, BSZ

**Fraternity Counsel:** Leah Hartman, N

**Historian:** Judy Kubly Alexander, TΔ

#### Membership Regional Directors

**Districts I, VI, XIII:** Sheryl Holland McGarity, TΔ

**Districts V, XII, XV:** Cindy Green Gauf, ΔΩ

**Districts VIII, IX, XI, XVIII:** Peggy Jo Cook Coker, BE

**Districts II, III, IV, X, XIV:** Patti Westermann, ΔZ

**Districts VII, XVI, XVII:** Carrie Dieterle, TΔ

#### Financial Regional Directors

**Districts I, VI, XII:** Caroline Trout Johnson, AX

**Districts II, III, IV, X, XIV:** Marcia Wolff Thompson, TΥ

**Districts VII, XVI, XVII:** Frances Black Sewell, AH

**Districts V, XII, XV:** Martha West Griffith, TΦ

**Districts VII, IX, XI, XVIII:** Jorrun Fallan Liston, AH

**Parliamentarian:** Susan Eads Role, N

**Music Coordinator:** Joyce Anne Rogers Vitelli, X

### Committees

**Alumnae-at-Large Program Coordinator:** Ilene Seale Lyman, AΦ

**College Chapter Bylaws Coordinator:** Susan Eads Role, N

**Districts I, VI, XIII:** Lisa Dennis, ΔΔ

**Districts III, XIV:** Jennifer Blanck, EA

**Districts V, XIII, XV:** Jo Anne Lawonn, AT I

**Districts VI, IX:** Elizabeth L. Chelsa, EA

**Districts VII, XVI:** Julie Shivers Jameson, TΦ

**Districts VII, IX, XI, XVIII:** Judy Kubly Alexander, TΔ

**Student Loan Fund Committee Chairman:** Sally Cowan Reinhold, TΥ





## IN MEMORIAM

Carolyn Lavender Chandler (Mrs. William)  
Arizona 1941; November 1995

Martha Bolinger Walker (Mrs. Elbert)  
Baylor 1977; March 1995

Marcia Tudor Cooper (Mrs. Berry)  
Butler 1946; February 1996

Alice Ball DeVaney (Mrs. Ray)  
Butler 1926; March 1996

Aline Bailey Jones (Mrs. Robert)  
Butler 1935; February 1996

Kathryn Ferson Barrett (Mrs. Richard)  
Cincinnati 1935; December 1995

Margaret McIntosh Shaw  
Colorado 1921; January 1996

Carolyn Curry Benton (Mrs. Harry)  
Colorado State 1918; January 1996

Mary Parks Phillips (Mrs. Ralph)  
Colorado State 1918; May 1995

Patricia FitzGerald Wynne (Mrs. Kenneth)  
Cornell 1944; March 1996

Josephine Travis Conklin (Mrs. E. H.)  
DePauw 1928; December 1995

Alice Pratt Labouchere  
DePauw 1940; February 1996

Jane Menard Egan (Mrs. Frank)  
Denison 1938; January 1996

Doxee Jones Nelson (Mrs. Robert)  
Denison 1940; March 1996

Isabelle Hall Tucker (Mrs. Laurent)  
Denison 1929; February 1995

Kathryn Anderson Mackaman (Mrs. Donald)  
Drake 1930; January 1996

Ruth Case Phenix  
Drake 1940; January 1996

Virginia Davis Boyce (Mrs. E. Gillet)  
Goucher 1925; January 1996

Nancy Crowe Heston (Mrs. John)  
Goucher 1928; December 1995

Jean Kelley Loper (Mrs. Merle)  
Hanover 1960; January 1996

Lois Downs Glenn (Mrs. Matthew)  
Illinois 1944; December 1995

Mary Jane Carr McClure (Mrs. Horace)  
Indiana 1915; December 1995

Patricia Arnel Waugh (Mrs. James)  
Kansas 1942; March 1996

Janet Rike Holmes (Mrs. Edward C.)  
Lawrence 1943; February 1996

Mary Ellen Doilney Van Lunen  
Maryland 1970; August 1994

Marion Clegg Carter (Mrs. Linton)  
Michigan State 1926; March 1996

Eileen Russell  
Minnesota 1949; January 1996

Margaret McKay Steeves (Mrs. Edmund)  
Nebraska 1936; October 1995

Katharine Ryan Quilici  
Nevada 1923

Fay Mackie Swanson (Mrs. Joseph)  
Newcomb/Tulane 1931; February 1996

Marjorie Welty Anderson (Mrs. Gordon)  
Northwestern 1939; December 1995

Margaret Augustine Stewart  
Northwestern 1927; January 1996

Saundra Rhodes Jacob (Mrs. John)  
Ohio State 1966; March 1996

Jean Marshall Clark (Mrs. Frederick)  
Ohio Wesleyan 1931; March 1996

Betty Jane Hart Corbin (Mrs. Harold)  
Ohio Wesleyan 1944; February 1996

Marion Iglehart Richardson (Mrs. Charles)  
Ohio Wesleyan 1933; November 1994

Irma Thompson Rimbach (Mrs. Rich)  
Ohio Wesleyan 1927; January 1996

Eleanor Burton Foster (Mrs. Lon)  
Oklahoma 1936; January 1996

Mary Beardslee Lewis (Mrs. Chester)  
Oklahoma State 1924; January 1995

Kerri Dianne Williams (Mrs. John Gilbert)  
Oklahoma State 1972; January 1996

Phyllis Root Gilbert (Mrs. Allan)  
Oregon 1942; March 1996

Ellen "Sally" Cusick Sears (Mrs. James)  
Oregon 1922; March 1996

Dorothy Dryer Kolberg (Mrs. Elmer)  
Oregon State 1935; February 1996

Idamae Ruckdeschel Moore (Mrs. Sidney)  
Oregon State 1943; February 1996

Louise Evans Weimer (Mrs. Robert)  
Penn State 1936; October 1995

Margaret Beaver Wilkinson  
Penn State 1936; December 1995

Sarah Newpher Landon (Mrs. Robert)  
Pennsylvania 1952; November 1995

Marion Hedden Hinderer (Mrs. Kenneth)  
Pittsburgh 1925; March 1996

Elizabeth Millikan Beeson (Mrs. A. C.)  
Purdue 1925; January 1996

Marie Mueller Brigham (Mrs. Watson)  
Purdue 1919; March 1996

Virginia Huffman Straley (Mrs. Gordon)  
Purdue 1936; January 1996

Dorothy Gass Sylvester (Mrs. William)  
Purdue 1949; August 1994

Mary Revercomb Nooe (Mrs. Ansel)  
Randolph-Macon Woman's C. 1928; February 1996

Norma Schuetz  
Randolph-Macon Woman's C. 1929; September 1994

Jean Vilbig Roper (Mrs. A. M. Jr.)  
Southern Methodist 1936; February 1996

Ruth Silliman Larsen (Mrs. Albert)  
Stanford 1927; March 1996

Ruth Lindsley Hartman (Mrs. Joseph)  
Texas 1944; December 1995

Margaret Schindler Thomas (Mrs. Jack)  
Texas Tech 1955; February 1994

Patricia Silent Rieber (Mrs. Frank)  
UC Los Angeles 1940; December 1995

Alva Woodhouse Gillette (Mrs. Waldo)  
USC 1923; October 1995

Faith Crummey Davies (Mrs. Paul)  
University of Pacific 1959; March 1996

Annie Campbell Dobson (Mrs. Howard)  
Vanderbilt 1935; March 1996

Harriett Woods Erwin (Mrs. James)  
Vanderbilt 1931; December 1995

Mildred Finnegan Scott (Mrs. Walter)  
Vanderbilt 1921; November 1995

Pauline Perkins Gurney (Mrs. Kenneth)  
Vermont 1924; January 1996

Rachel Ward Herrick (Mrs. Park)  
Vermont 1917; March 1996

Marie Porter Davis (Mrs. L. Spencer)  
Washburn 1915; February 1996

Dorothy Joss Glunt (Mrs. Phillip)  
Washburn 1934; December 1995

Marguerite Varner Hughes  
Washburn 1924; January 1996

Anne Medvesek Correa (Mrs. Glenn)  
Washington 1940; February 1996

Helen Niesen Gray (Mrs. Garold)  
Washington 1924; January 1996

Jane Hampton Lee (Mrs. William)  
Washington 1924; October 1995

Jane Secrest Abbott (Mrs. Jerome)  
Washington State 1930; March 1996

Roberta Alexander Densow (Mrs. Bert)  
Washington State 1924; September 1995

Evelyn Peterson Melrose (Mrs. John)  
Washington State 1932; September 1995

Ethel M. Thompson  
Washington State 1914; March 1996

Katherine Genardine Triquart (Mrs. William)  
Washington State 1961; January 1996

Ruth Forcier  
Washington/St. Louis 1928; November 1995

Carolyn Dobler Jennings (Mrs. Michael)  
Whitman 1957; February 1996





## HEALTH & WELL-BEING

# New Study Focuses on Women's Health

When your mother told you to eat chicken soup when you have a cold and to eat an apple a day to keep the doctor away, she demonstrated a lot of practical knowledge about good health and nutrition habits that medical science has since confirmed.

But your mother probably didn't tell you much about how to reduce your risks for heart disease, breast cancer, colorectal cancer, or osteoporosis—the leading causes of death for women over age 50—because she didn't know *what* to tell you. Chance are your doctors haven't told you much about those things either, and for the same reason.

A new \$625 million study funded by the National Institutes of Health should change that. The Women's Health Initiative (WHI) is a 15-year commitment to research on risk factors and prevention for the leading causes of death and disability in women past the age of menopause.

Some 163,000 women will be involved in WHI at 40 clinical centers across the United States. One group of about 63,000 women will participate in clinical trials of hormone replacement therapy, dietary modification, and vitamin supplements over an average period of nine years. Another 100,000 women will be part of an observation study to learn more about the relationships of lifestyle and family history to risk factors for the targeted diseases.

Recruitment for the study, begun in September 1993 in some areas, will continue through January 1997. Women who are between the ages of 50 and 79, past menopause, and planning to live in an area near one of the research centers for at least three years may be eligible to participate in WHI.

## Why WHI? Why Now?

For years, medical research has been almost exclusively for men only. This is partly because—until recently—almost all researchers were men, and they were attracted to the conditions that affected them most. But there is also legitimate concern about conducting research on women of child-bearing age. And there



WOMEN'S  
HEALTH  
INITIATIVE

is also the issue of hormones. Since medical studies must balance all possible variables to maximize the accuracy of results, including women whose hormones fluctuate from week to week requires using large numbers of subjects. This drives up costs in a business where budgets are constantly shrinking.

As a result, women are being treated for heart disease and colorectal cancer, among other diseases, with therapies tested on and developed for men. Likewise, strategies for reducing risk factors and preventing disease in women have developed from men-only research.

But beginning in the 1980s, winds of change began to blow in Washington, DC, where funding for the National Institutes of Health (NIH), the leading source of federally financed medical research, originates. Women were entering the halls of Congress in increasing numbers, and Dr. Bernadine Healey was appointed director of the NIH.

The Women's Congressional Caucus began demanding equal attention—and more funding—for women's health issues and research involving women. Their efforts resulted in the creation of the Office of Women's Research within NIH, an entity which reviews every research grant application considered for funding to see if women should be—and are—included in the study population.

These factors helped give birth to WHI.

Coincidentally, women in Greek-letter organizations were among the first to

learn about the new initiatives in women's health studies. Those attending the 1991 National Panhellenic Conference meeting in Washington, DC, received a briefing from Dr. Healey that included information about the Women's Health Initiative study, then at the proposal stage.

## What Will WHI Do?

Crafted by some of the country's best research-study designers, WHI targets the four leading causes of death for women over the age of 50: heart disease, breast cancer, colorectal cancer, and osteoporosis.

WHI's clinical trial involves hormone replacement therapy (HRT); a healthful eating routine that stresses increased consumption of fruits, vegetables, and grains and reduced consumption of fats; and vitamin D and calcium supplements.

After making up to four visits to a clinical center for screenings, women enrolled in the clinical trial will make annual or semi-annual visits to their clinical center. Roughly half of them will be receiving active therapy, hormones, dietary intervention, calcium and vitamin D supplements. The other half will receive inactive therapy (placebos).

Researchers want to know if HRT will reduce risks for heart disease and osteoporosis and what effect it may have on breast cancer risks. They want to know if healthful eating will reduce incidences of breast and colorectal cancer and heart disease. They want to measure the effects of taking calcium and vitamin D supplements on osteoporosis and colorectal cancer.

At the same time, the WHI observational study will provide a wealth of information on risk factors for these diseases. Researchers will follow 100,000 women—one of the largest study samples ever—for up to nine years, recording their health histories and lifestyle information. The analysis of this information should allow doctors to answer many questions about women's health.

Women enrolled in this part of the study will make one to four visits to a clinical center for the initial screening and baseline medical history and laboratory tests (at no charge to them). Some will return at three-year intervals for

By Julie B. Fix



follow-up visits. All will be contacted by phone and/or mail for medical history updates until the study's data collection ends in 2005.

Women in the observational study will also provide an extra benefit to medical research. As part of the study, blood samples collected from participants at enrollment will be kept frozen for five to ten years. As other research studies reveal more about human genes, these samples can be analyzed in the future to confirm those research findings and to provide even more information about women's health.

## Why WHI Excitement?

Although public awareness about WHI is just beginning, researchers, health professionals, and the initial study volunteers are excited. The knowledge that can be gained and the potential health benefits to millions of women are exciting, as is the opportunity to make an impact on the health of future generations of women.

Comments from women calling the recruitment phone lines reveal their reasons for wanting to participate in the study. "It's about time they did something for women," one senior citizen said.

"My grandmother and mother died from breast cancer, and I want to do something to make sure my daughter doesn't."

"Every woman in my family has osteoporosis. I don't want to suffer like that."

"It may be too late for me to benefit, but I have a daughter and granddaughters who may be helped. What do I have to do to volunteer?"

Researchers agree that it will be that kind of enthusiasm that will support the Women's Health Initiative. Significant results from the intervention therapies are anticipated: a 25 to 30 percent reduction in incidences of heart disease, a 12 to 14 percent reduction in breast cancer, a 20 to 30 percent reduction in colorectal cancer, and a 25 to 35 percent reduction in osteoporosis-caused fractures.

You can join the effort by contacting one of the clinical centers and telling the recruitment coordinator that you'd like to "Ask WHI and be part of the answer."

# 40 Centers Involved in WHI

The following locations are participating in Women's Health Initiative clinical and observational studies. For more information about what's involved in the study, you may call the centers at the numbers below, or call 1-800-54-WOMEN.

## Alabama

University of Alabama-Birmingham, 205-975-7575.

## Arizona

University of Arizona (Tucson), 1-800-341-7672.

## California

University of California Irvine, 714-456-7241; Stanford University (Palo Alto), 408-232-4999; Harbor-UCLA Research and Education Institute (Torrance), 310-222-2217; Kaiser Foundation Research Center (Oakland), 1-800-304-3879; UCLA, 310-825-0023; University of California San Diego at La Jolla, 619-622-5770; University of California Davis, 916-734-0130.

## Florida

University of Florida (Gainesville), 904-392-2860; University of Miami, 305-548-4800.

## Georgia

Emory University (Atlanta), 404-473-8600.

## Hawaii

University of Hawaii (Honolulu), 808-547-9814.

## Illinois

Rush-Presbyterian-St. Luke's Medical Center (Chicago), 1-800-WOMEN-HI; Northwestern University (Chicago), 312-908-5790.

## Iowa

University of Iowa (Iowa City), 1-800-348-4692.

## Massachusetts

University of Massachusetts Medical School (Worcester), 1-800-747-5777; Brigham and Women's Hospital (Boston), 617-278-0782.

## Michigan

Wayne State University (Detroit), 313-745-7615.

## Minnesota

University of Minnesota (Minneapolis), 612-336-5742.

## Nevada

University of Nevada Reno, 702-784-4906.

## New Jersey

University of Medicine and Dentistry of New Jersey/New Jersey Medical School (Newark), 201-982-4001.

## New York

Research Foundation of SUNY (Stoney Brook), 516-444-3906; Albert Einstein College of Medicine (Bronx), 718-931-4WHI; SUNY (Buffalo), 716-829-3128.

## North Carolina

University of North Carolina-Chapel Hill, 1-800-580-5868; Bowman Gray School of Medicine (Winston-Salem), 910-272-0455.

## Ohio

Ohio State University Research Foundation (Columbus), 1-800-251-1175; University of Cincinnati Medical Center, 513-558-6067.

## Oregon

Kaiser Foundation Research Institute (Portland) 503-335-2400.

## Pennsylvania

University of Pittsburgh, 412-383-1564.

## Rhode Island

The Memorial Hospital (Pawtucket) 401-729-2856.

## Tennessee

University of Tennessee (Memphis), 901-767-4200.

## Texas

Baylor College of Medicine (Houston), 713-798-8686; University of Texas Health Science Center (San Antonio), 210-567-1850.

## Washington

Fred Hutchinson Cancer Research Center (Seattle), 206-667-6551.

## Washington, DC

George Washington University, 202-676-5150; Medlantic Research Institute, 202-675-4770.

## Wisconsin

Medical College of Wisconsin (Milwaukee), 414-257-5152; University of Wisconsin System (Madison), 1-800-944-9472.

This information about the Women's Health Initiative was supplied to member organizations of the National Panhellenic Conference by Julie Fix, a member of Kappa Delta sorority. Fix is the former coordinator for the WHI study at Baylor College of Medicine in Houston.





## FOUNDATION

# Honorary and Memorial Gifts, January 1–March 31, 1996

### In Honor of:

The good work of the Theta Foundation  
by Joan Davis Wismer  
**Fifty years as a Theta**  
by Marilyn Fenton Walz  
**1994 graduating class of Alpha Nu**  
by Anna Mulfinger  
**Tau Chapter Advisory Board**  
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**Alpha Eta Chapter**  
by Bretagne Elizabeth Black  
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by Susan Arzberger Eicken  
**Beta Phi Chapter**  
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by Margie Miller Baum  
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**Suzanne Loveall Baumert, A.O.**  
In honor of fifty years in Theta  
by Norman Alumnae Club  
**Lucy I. Beddoe, A**  
by Judith Wylie Henderson  
**Alice Hall Bell, M**  
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by Laurie McGregor Connor  
**Miriam Box**  
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**Janet Anderson Bradbury, K**  
by Virginia Winter Anderson  
**Lissa Luton Bradford, AH**  
by Madeline Reynolds Adams  
**Hillary Brames, Γ**  
by Elizabeth Ann Sierk  
**Marjorie Ruttle Breder, ΓΘ**  
for "Outstanding Theta 95-96"  
by Philadelphia Alumnae Chapter  
**Katherine Brown Brim, ΓΔ**  
by Ann Wilson Brim  
**Harriet Fowler Brown, T.**  
in honor of her 95th birthday  
by Nancy Brown Davidson  
**Virginia Burger**  
by Lisa Susan Burger  
**Laura Davis Cook, AΣ**  
by Lynn Powell Davis  
**Marian Bryant Cabbage, A.O.**  
by Glenna McAtee Anderson  
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by Kenda Brashear Dalrymple  
**Mary Young David, AΘ**  
by Harriett Finch Curington  
**Dana Davis, AΣ**  
by Lynn Powell Davis  
**Preston and Hilda Davis**  
by Joan Davis Wismer  
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by Ann-Marie MacDonald Pahides  
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by Deborah Dieterich West  
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by Kristine Kulper  
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Recipient of Twin Star Award  
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by Kathy Leon Vanderpool  
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by Mary Beth Roberts Ellis  
**Marilyn Cheshier Lynch, ΓΦ**  
by Beverly Bintliff Arnold  
**Kimi Martin**  
by Kathleen Callaway Spicer  
**Dixann Wilson McCall, A.O.**  
In honor of fifty years in Theta  
by Norman Alumnae Club  
**Marjorie Voorhees McCall, B**  
by Sharon McCall Jensen  
**Barbara Ann McCarthy's, AΩ, birthday**  
by Deanna Durrman Kiel  
**Mrs. Dorothy McCreary**  
by Virginia Dodson Crump  
**Patricia Randolph McReynolds, AM**  
by Christine Randolph Fehrenbacher  
**Stephanie Ann McReynolds, AM**  
by Christine Randolph Fehrenbacher  
**Mary Benton Meyer, AY**  
by Marcia Meyer Yenzler  
**Naples Alumnae Club**  
by Deborah Bornmann Allen  
by Nancy Milligan Frick  
**Ken Olsen**  
by Carol Orvis Olsen  
**Mary Ellen Gates Osborne, B**  
by Nancy Milligan Frick  
**Lowery Duvernet Parker's, AH, initiation**  
by Anita Lowery Parker  
**Ansley Chambers Paulsen, ΓΔ**  
by Karen Schultz Alter  
**Melissa K. Payne, ΔΩ**  
by Kathryn Shimer Payne  
**Allison Pollock, P**  
by Kris Jones Pollock  
**Beverly Buck Pollock, P**  
by Kris Jones Pollock  
**Anna Virginia Hager Price, AΣ**  
by Nancy Hager Rand  
**Theodosia Cralle Prickett, A.O.**  
by Elizabeth Brooks Taylor  
**Carol Kelley Psaros, ΓΔ**  
by Carolyn Brogan Kelley  
**Anna Clow Roberts, BZ**  
by Mary Beth Roberts Ellis  
**Devon Roberts, A**  
by Heather Miller White  
**Lesley Ross, AN**  
by Eliza Anne Sorte

**Harriette McCann Roudebush, BT**  
by Amy Daganhardt Whitlow  
**Seattle Alumnae Chapter**  
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**Karmen Skjerven, BO**  
by Kyle Hartvickson Handegard  
**Lillian Bradford Smith, AH**  
by Karen Schultz Alter  
**Susan Hoadley Smith, BΦ**  
by Julie Anderson Gilbert  
**Sara Jolstad Stephenson, BT**  
by Carolyn Pierce Jolstad  
**Stillwater Alumnae Club**  
by Jane Weaver Stout  
**Patricia Doster Stockham, BK**  
by Sue Bechler Towery  
**Marian Cannon Taylor, AΣ**  
by Mildred Cannon Elmgren  
**Barbara Baker Terrell, AA**  
by Nancy Johnston Byers  
**Karen Dieterich Thomas, Δ**  
by Deborah Dieterich West  
**Kathleen Bennett Tonkel, H**  
by Phyllis Barnaby  
**Elizabeth Veal Vant, BN**  
by Kathleen Veal Dungan  
**Lillian Jonas Warren's, T, 96th birthday**  
by Barbara Warren Eckstrand  
**Robin Wenneker, AM**  
by Kristi M. Baer  
**Westfield Alumnae Club**  
by Cynthia Johnson Crowley  
**Katie Lisbeth Witman's, A.O. initiation**  
by Gail Witman Andrus  
**Jennifer New Yates, A**  
by Jeanne Elizabeth New

### In Celebration of:

**Alpha Phi New Member Class**  
by Laura Jacobson Lester  
**Beta Theta Chapter**  
by Joni Schneider Morrow  
**Ann Elizabeth Armstrong's, ΔO, wedding**  
by Amy Thompson Gaston  
**Colorado Springs Alumnae Chapter's 25th birthday**  
by Jane Weaver Stout  
**Raleigh Durham/ Chapel Hill Alumnae Chapter Installation**  
by Kathy Torno Roat  
**The birth of Sara Beth Redhammer**  
by Anna Edlund McAulay

### In Memory of:

**Her father**  
by Karen Rogers McKinney  
**Nancy Cochran Abbey, ΓΦ**  
by Phyllis Barnaby  
by Sandra Miller Barrett  
by Barbara Murphy Horn  
by Linda Lloyd Quisenberry  
**Gretchen Grimes Akin, AH**  
by Emily Currie Williams  
**Carolyn Kline Alexander, AY**  
by Shirley Rogers Rausch  
by Kathleen Martin Taylor  
**Clementine Allen**  
by Janna Bryant Wright  
**Lucille Grady Allen, BZ**  
by Dorothy Hopkins Alcott  
by Stillwater Alumnae Club  
**Marjorie Welty Anderson, T**  
by Napa-Solano County Alumnae Club  
by Christine Anderson Chadwick  
by Janet Grede Jacobs  
by Mary Jane Ten Eyck Arnold  
by Caldwell Smith Ryder  
**Nana Ashe**  
by Barbara Ashe Driscoll  
**Betty Dutch Barnett, P**  
by Hester Mary Dutch Van Steenberg  
**Kathryn Ferson Barrett, AT**  
by Monterey County Alumnae Club  
by Brenda Blatz McMillan

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by Alma Nicholas Trench  
**Blackberry**  
by Joyce Harrison Honeyman & Ron Honeyman  
**Virginia Peterson Blodgett, BK**  
by Barbara Siverson McClure  
**Norma Paylor Bordages, AΘ**  
by Jane Paylor Hale  
**Edith Davis Bowen, K**  
by Mary Liz Kennedy Montgomery  
**Carol Traut Brandt, AT**  
by Joan Benham Krieg  
**Helen Fischer Brodniak, AΣ**  
by Constance Fischer Losvar  
**Martha Dunn Brown, B**  
by Eleanor Hilgenberg Hatfield  
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by Sandra C. Peterson  
**Susan Catts, Ω**  
by Marion Hensley Serumgard  
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by Nancy Blankenship Grisham  
by Kathy Mitcham Tucker  
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by Stefanie Chaney  
**Lois Aylesworth Clark, X**  
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by Millicent Clesi Brodtman Meric  
Carol Clifford  
by Karen Clifford Voyda  
**Katharine Faulder Colby, AΓ**  
by Katharine Sharp Ingalls  
**LaVerne McMurtry Collins, AΘ**  
by Jane Tarver Dronberger  
**Josephine Travis Conklin, A**  
by LaCanada-Flintridge Alumnae Club  
**Marcia Tudor Cooper, Γ**  
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by Margaret Pepper Simmons  
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by Jane Cornick Jamison  
**Anne Medvesek Correa, AA**  
by Margaret Lindley LeClerc  
**Leila Anderson Cullum, AΘ**  
by Carol Cullum Allred  
**Maria Michelle Daniel, ΓT**  
by Jeanne Koch Robinson  
**Gabrielle Anne Deland, ΔP**  
by Elizabeth Ayscue Katz  
**Shirley Holloway Dietrich, BΦ**  
by Bernadine Fulton Keilhofer  
**Anna May Ditter, AΩ**  
by Elizabeth Ayscue Katz  
**Shirley Reynolds Dixon, AP**  
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**Arnold P. Drucker**  
by Claudia Drucker  
**Margaret Hanna Dudley, A.O.**  
by Kaye Thomas Walbert  
**Janet Feenaughty Duerden, AΣ**  
by Martha Feenaughty Harris  
**Jane Gullett Dunning, Δ**  
by Cay Castle Barnum  
**Helen Horne Dyer, B**  
by Louie Horne Shearer  
**Janet Maechtle Dyer, T**  
by Deborah Dyer Handy  
**Jane Menard Egan, BT**  
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by Louise Swigart Davis  
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by Diane Katharine Houriet  
**Harriett Woods Erwin, AH**  
by Claire Mabry Holland  
by Franklin-Brentwood Area Alumnae Club  
by Holly Hull Ross





## FOUNDATION

by Nell Newman Hill  
by Jane Douglass White  
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by Georgia Rauschenberg Spieth  
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by Wilma Burkart Metzger  
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by Helen J. Jones  
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by Nelly D. Longstaff  
**Alice V. Knorr, AH**  
by Katherine McCutchan Carey  
**Dorothy Dryer Kolberg, BE**  
by Sherman High School Staff & Faculty  
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by Carol Hefren Tillotson  
**Kay Koucky**  
by Ellen Walz Svenson  
by Kimberly E. Svenson  
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**Jane Hampton Lee, AΛ**  
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by Susan Spira  
by Heather Hull Thomas  
by Kristine Kulper  
**Kathryn Loomis**  
by Gwendolyn Loomis Walker  
**Eleanor Willcox Loop, AT**  
by Katharine Born McClure  
**Jean Kelley Loper, N**  
by Sue Farrell Supple  
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by Peggy Swart Abersfeller  
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by Elizabeth Neal Callaway  
**Doxee Jones Nelson, BT**  
by Birmingham Alumnae Chapter  
**Rose Mary Nelson**  
by Jill Nelson  
**Virginia Southgate Neumeister, ΓI**  
by Elizabeth Ayscue Katz  
**Lois Kunkel Noll, B**  
by Mary Ann Kunkel Haynie  
**Loraine Miller Northway, AΘ**  
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**Ann Pellow, BΦ**  
by Debra Basile Bracken  
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**Mrs. Postlewaite**  
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by Elaine Elder Quilici  
**Katharine Ryan Quilici, BM**  
by Kress Harris Whalen  
**Anita Barrott Reichert**  
by Betty Sue Reichert Kestner  
**Phyllis Moore Reincke, T**  
by Florence Avery Hollweg  
**Patricia Silent Rieber**  
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by Anne Bardwell McGuire  
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**Lorrain Anderson Schroeder, T**  
by Florence Avery Hollweg  
**Evelyn Ryder Schultz, BΣ**  
by Lynne Schultz Knebel  
**Salome Cusick Sears, AΣ**  
by Patricia Sears Shaw  
**Betty Shannon**  
by Sara Jo Barnett Blair  
**Mary Shannon**  
by Sara Jo Barnett Blair  
**Margaret McIntosh Shaw, BI**  
by Sun Cities Alumnae Club  
by Margaret Shaw Gallup  
**Della Martin Shuman, AΣ**  
by Yakima Alumnae Chapter  
**Lucille Hause Slagel, AY**  
by Sun Cities Alumnae Club  
**Elvine Lindahl Smith, AΣ**  
by Karen Smith Lewis

**Amy Snow, EA**  
by Kerstin Anderson  
by Jill A. Gary  
by Leigh Ann Berry  
**Ron Spicer**  
by Sharon Monahan DeBriere  
**Alice Rosenberger Starz, AΩ**  
by Marg Rosenberger Canada  
**Margaret McKay Steeves, P**  
by Monterey County Alumnae Club  
**Zoe Hampson Stoker, BM**  
by Janet Holcomb Hunter  
by Deborah Stoker Kelly  
**Virginia Huffman Straley, AX**  
by Mr. Gordon Straley  
by Ilene Seale Lyman  
by Vicki Niewoehner Anderson  
by Carol Straley Trimmer  
by Nancy Crockett Ince  
by Nancy Milligan Frick  
**Fay Mackie Swanson, AΦ**  
by Dorcas Dusenbury Culver  
**Mary Paxton Swiler, AY**  
by Elisabeth Swiler Bruch  
**Margaret Brannon Taylor, ΓI**  
by Margaret L. Taylor  
**Carol Matthews Thain, BΣ**  
by Martha Zamloch Ochoa  
**Ruth Black Thiessen, M**  
by Blackridge Bridge Group  
**Mary Ingham Thrall, ΓZ**  
by Mary Murray Cunningham  
**Joan Barrett Totten, EE**  
by Linda Slatton Clark  
**Betsy Gebhart Turner**  
by Martha Taylor Jones  
**Marion McCardle Vermilya, Φ**  
by Mary Cusick Martin  
**Obera Hester Von Rosen, BI**  
by Marin County Alumnae Club  
**Florence Abernathy Waldrop, AH**  
by Sandra Brown Tucker  
**Edna Wetzell Wanamaker, BH**  
by Gretchen Vankirk Petri  
**Alma Brooks Weaver, BZ**  
by Dorothy Hopkins Alcott  
by Stillwater Alumnae Club  
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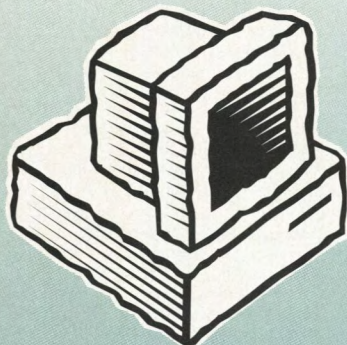
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# Following In

*Peggy Post continues the work begun by*

# Emily Post's

*America's first etiquette advisor.*

# Footsteps

☛ You're late for work, and a driver traveling much more slowly than you are pulls his car in front of you.  
☛ You've finally managed to gather the entire family for dinner—at the same time—and a telephone solicitor interrupts the meal. ☛ You're chatting with a group of acquaintances at a social gathering, and one of them asks you a very personal question.



We've all had these or similar experiences. And they have probably led us to believe that etiquette in our society is—if not actually dead—at least severely injured.

Not so, says etiquette advisor Peggy Grayson Post, Delta Kappa/Louisiana State. "There's been an increased interest in etiquette during the past five to 10 years," she explains. "People simply want to know how to get along with one another and how to cope with the rituals of life. That's what etiquette is."

Peggy Post is a director and spokesperson for the Emily Post Institute. As such, she makes appearances on television, is quoted in newspapers, speaks at bridal shows and events, writes a monthly column for *Good Housekeeping*, and helps write and update the numerous Emily Post etiquette books. With her mother-in-law, Elizabeth Post, she has also been involved with the Post Institute's newest

project, an interactive CD-ROM called *Emily Post's Complete Guide to Weddings*.

In January, Post had more than 30 interviews and appearances across the US, including a speech at Kappa Alpha Theta Founders Day in Cleveland, Ohio. "My topic was the relevance of etiquette today, and that kind of evolved into the relevance of Theta today. We say that the Fraternity ideal holds the possibility of a powerful incentive for social, intellectual, and moral growth. I think that really parallels having a code of behavior that helps us get along with one another. It also has a parallel to being able to grow. Preparing for that talk was a lot of fun," Post recalls, laughing.

Although *fun* is not a word that most people would use in association with the word *etiquette*, Post does so frequently. She has fun speaking to brides at shows, and answering readers' etiquette questions, and writing books. "Every day is

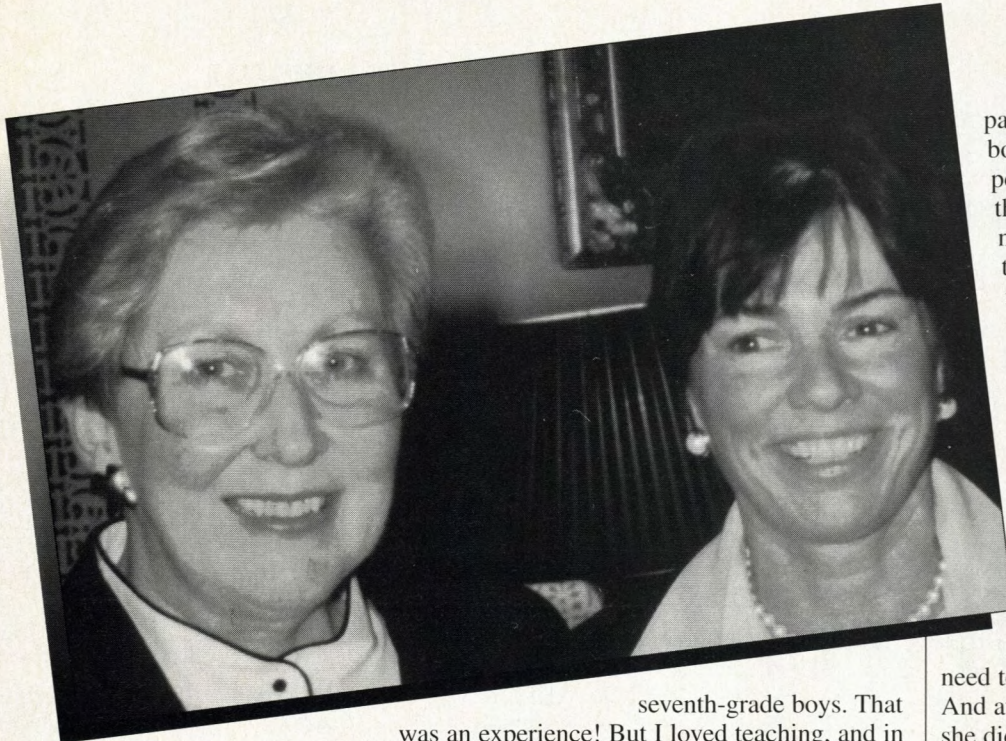
totally different. Etiquette isn't formal and stuffy; actually, it's fascinating."

Post believes that the seeds of her career were sown when she was a collegian at LSU. "I was on the women's judicial board in the late '60s, which was a time of great change in this country. I worked with the dean of women students and other women at LSU, analyzing what our rules and guidelines were. Of course, I had no idea I would make a career out of something like that!"

After graduating with a degree in education, Post spent 27 years in the travel industry and with financial institutions. Her first job was as a flight attendant, and it provided some early insight into business etiquette. "I met a lot of very, very nice people," she says. "But I was amazed that some people would snap their fingers and not necessarily be polite in that kind of situation."

"I also taught school for a year," Post reveals. "I taught history and English to





Glorain Curry Browne, AΦ/Newcomb-Tulane (left), taught Peggy Grayson Post, ΔK/Louisiana State, high-school English. They have corresponded ever since, and both spoke at a Founders Day celebration sponsored by the Cleveland Alumnae Chapter.

seventh-grade boys. That was an experience! But I loved teaching, and in a way, I'm still doing that."

Post was one of the first women to complete the management training program at Chemical Bank. She represented the bank as a recruiter at college and business school campuses and was corporate cash management officer. At Merrill Lynch Relocation Management, Post was a managing consultant and then the head of the consulting division, overseeing large-group-move projects for corporate clients relocating their employees throughout the country. She believes that these experiences contributed much to her understanding of etiquette issues in the workplace.

"It was fascinating to see the things that young people just out of college and just hired wanted to know. There are some different guidelines for social environments and business environments. In general, the business setting has more formality."

The inclusion of women in the business world during the

past 30 years has brought some changes to both professional and social etiquette, Post points out. But even though many things in the business world have become gender-neutral and the glass ceiling is beginning to shatter in many places, some men—especially older men—are still getting used to women in the business world.

"Don't get too upset if somebody applies a social courtesy in a business situation," she advises. "If a man holds a door open for a woman, she should just say, 'Thank you' and not get upset. She can hold the door for him next time. It's simply being considerate of each other."

The evolution of etiquette is a continual process. When Emily Post wrote *Etiquette, in Society, in Business, in Politics and at Home* in 1922, she didn't

need to address fax machine or e-mail etiquette. And at a time when divorce was a near-scandal, she didn't need to discuss second marriages in detail, either. Peggy Post is a great admirer of her great-grandmother-in-law, who she says wouldn't be thrown by any of today's etiquette questions. "I think she would have moved along with the times," Post says.

In fact, the founder of the Post dynasty was a bit of a maverick. She was the author of a number of short stories and romantic novels. Then a publisher friend of hers, who felt that the Roaring Twenties would be the ruination of good manners, asked her to write a book on etiquette. It was an instant bestseller, and Emily Post became a celebrity. "In a time when a lot of women didn't work, she was a career woman. And it was a late career; she was almost 50 years old."

The original etiquette book has been revised 15 times, and Peggy Post has been working on the seventy-fifth anniversary edition. Post says that the basic definition of etiquette never changes, but the newer books have taken into account the changes in modern life.

Some of these changes have been caused by advancing communications technology,

including the information superhighway. In fact, a new word has been coined to describe proper behavior on the Internet: *netiquette*. "If you're sending e-mail, try to be neat and follow basic writing principles. And remember that capital letters are the same as shouting.

**Q** The man sitting next to me at a business seminar nodded off for several minutes and started to snore. Others noticed and were staring at him. Should I have tried to wake him, even though I didn't know him?

**A** Yes. As awkward as you may have felt in waking your snoring neighbor, I'm sure he would have appreciated your sparing him the public embarrassment—not to mention that you would have given those around him a better chance to concentrate on listening to the seminar.\*

**Q** Although I'm not Jewish, I'd like to send Hanukkah cards to some of my Jewish friends. Would that be all right? If so, what kind of greeting do you suggest I write?

**A** It's perfectly appropriate for you to send either Hanukkah or non-religious "season's greetings" cards to your Jewish friends. Adding a handwritten line such as "hope you're enjoying the holidays" or "wishing you the best" would be fine.\*



So that's rude," Post points out. "And if you send a fax, remember that it's not necessarily confidential."

Many readers of *Good Housekeeping* write to Post about another technological innovation, call-waiting. "Most people don't like it," reports Post. "But it's a reality, and it certainly does serve a purpose, especially if a family has a teenager who might be on the phone for a long time. What makes the first caller absolutely freak out is the feeling that he's being slighted, that a more important call came in."

So what is the proper procedure if you're on the phone and another call comes in? "Excuse yourself briefly and take the second call. Explain that you're already on the phone and ask if you can call the second person back shortly. Then call the second person back shortly. You don't hang up on the first person, unless, of course, you set it up that way at the beginning of the conversation. You can say, 'I'm waiting for an important call, and I'll have to take it if it comes.'"

Changing times are not just reflected by advancing technology; they are also reflected in the questions that brides, grooms, and their families ask. "A lot of the questions today focus on what to do about divorced parents, which is kind of sad. People ask, 'Who gives the bride away: the father or the stepfather?'"

Post continues, "And there are lots of questions about invitation lists. 'How do I invite the friends that I work with without inviting everybody?' 'How do I not invite children to the wedding?'"

"And there are lots of questions about who pays for what expenses. 'Is it OK if the bride and groom and groom's family also contribute?' Of course, the answer is yes. 'Is it OK for a second-time bride to wear white at a wedding?' And actually, it is OK. White today is considered to be a sign of joy, not necessarily virginity."

Seventeen years ago, Peggy Grayson's own wedding to Allen Post culminated in a barbecue reception at the Post home on Martha's Vineyard. Today, the Posts continue to enjoy informal family activities. "My two stepsons were in grade school when we met," says Peggy Post. "We do a lot with them. I'm lucky that they're nice stepsons. They're really great kids."

Fly-fishing and snow skiing are at the top of the Posts' list of favorite hobbies, as is



Peggy Post and her husband, Allen, enjoy fly-fishing in Montana.

travel. "Last year, Allen and I went to New Zealand. We've been to Alaska, and we enjoy Montana for fishing."

Post says she is in the process of learning to play golf. She finds it frustrating, but enjoys being outdoors on the golf course. She also enjoys reading both fiction and nonfiction, including—of course—etiquette books. "I find that the more I absorb and read, the more helpful it is for my career," Post says. "And I'm always observing what's going on around me."

Next year will mark the seventy-fifth anniversary of the publication of the first Emily Post etiquette book. Peggy Post continues the work begun by her great-grandmother-in-law. "I see my role as representing this generation, trying to keep up with the times and trying to make some sense out of them," she explains.

"I try to uphold the same standard that Theta taught a lot of us: Be kind to others, and be the best that you can be."

**Q** After a weekend stay at a friend's house, should you make the bed you slept in or just strip the bed?

**A** It's best to remove the sheets and pillowcases and place the bedspread over the mattress as though you were making the bed. Then, fold the used linen and either leave it neatly at the foot of the bed or carry it to the laundry area, if you know where it is.\*

**Q** When a supermarket cashier opens a new checkout line and announces that she'll help "whoever's next," is the next person the one at the end of the old line or the one at the front who's been waiting the longest?

**A** You've really hit on a pet peeve of mine! The courteous thing is for everyone to allow the person at the head of the old line to be first in the new line. All too often though, someone else rushes to the head of the new line without regard for who's been waiting the longest.\*

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